Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

Iranian Journal of Applied Linguistics (*IJAL*)

Vol. 22, No. 1, September 2019, 185-242

Development of Quality of Classroom Life Questionnaire in L2 Contexts: Investigating the Impact of Modular Instruction

Parisa Tahan Shizari, Farid Ghaemi *, Natasha Pourdana, Kobra Tavassoli

Department of ELT and Translation, Karaj Branch, Islamic Azad University, Karaj, Iran

Abstract

Quality of Classroom Life is considered as a serious issue in academia around the world, and it has recently received global inquiry in EFL and ESL contexts. However, no questionnaire has been developed to assess the Iranian students' and teachers' attitudes towards the quality of life in the classroom. After developing a conceptual framework, the final draft of the developed questionnaire with 71 items was administered to the main sample of participants (n=150). An Exploratory Factor Analysis was performed to identify the components of the instrument, followed by Confirmatory Factor Analysis to measure its construct validity. As a result, the final draft of the Quality of Classroom Life Questionnaire comprised 71 Likert-point items. In phase 2, a number of EFL students and teachers (50 teachers and 322 students) participated in the study which was intended to observe the impact of Modular Instruction on the Quality of Classroom Life. Findings of the study suggested that: (a) the Iranian students and teachers had highly positive attitude towards the Quality of Classroom Life, and believed that educational view, teaching quality, classroom environment, classroom management, quality of classroom interactions and puzzle content played a crucial role in exploratory practice; and (b) the modular instruction which was the descendant of Postmethod instruction had a positive impact on the Quality of Classroom Life. The findings promise implications for teachers and teacher educators as well as the materials developers as the knowledge of classroom quality and modular instruction can enhance their understanding of the nature and conditions of learning.

Keywords: Attitude, Modular Instruction, Perception, Quality of Classroom Life, Questionnaire, Exploratory Practice

Article Information:

Received: 28 May 2019 **Revised:** 11 July 2019 **Accepted:** 25 July 2019

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

Corresponding author: Department of ELT and Translation, Karaj Branch, Islamic Azad University, Karaj, Iran Email: ghaemi@kiau.ac.ir

1. Introduction

1.1. Background

The last decade of the twentieth century has been described as a period of development and consolidation in language teacher education. What seems to have emerged is a general agreement that traditional models of teacher education are based on the limited and limiting concept of knowledge transmission. Now more than ever, it can be observed that teacher educators care for constructs such as quality of classroom life and teacher knowledge which play a crucial role in learning and teaching(Kumaravadivelu, 2005).
The pedagogical tendencies which have characterized second/foreign language teaching have been extensive. According to Stern (1983), the conceptualization of language teaching has a long, fascinating, but rather tortuous history, and Brown (2000, P.137) phrases it as "changing winds and shifting sands of language teaching". This history has been formed mainly in terms of diverse teaching methods and procedures, each of which has attempted to find more effective and efficient ways of teaching languages and each of which has been based on different views of what languages are and of how they are best taught. The present study is inspired by the Exploratory Practice developed by Dick Allwright (2004) and Modular Instruction developed by Kumaravadivelu (2012).

Accordingly, the quality of classroom life (QoCL) was investigated and a questionnaire has been developed based on the components of QoCL. As of the date of the publication of the present paper, no questionnaire has been proposed to measure the Quality of Classroom Life based on Dick Allwright's Exploratory Practice. Attempt has been made to develop such a questionnaire to explore the quality of life in EFL classes in Iranian context. The questionnaire focuses on the topmost needs and interests as well as the must-take measures to ensure that the teacher and students experience a sense of unity and cooperation.

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

Furthermore, the impact of modular model for language teacher education on the quality of classroom life has also been investigated. The Modular Model consists of five modules (KARDS): Knowing, Analyzing, Reviewing, Doing and Seeing (Kumaravadivelu, 2012). The proposed model takes a modular view of teacher education with multiple entry points and multiple exit points. It is argued that each module, while autonomous, is part of a larger context, each shaping and being shaped by the others. It is also argued that the model provides a framework for prospective/practicing teachers to construct their own theory of practice, thus helping them transcend their current opposition of marginality. The impact of Modular Instruction on the Quality of Classroom Life has never been investigated in any research around the globe. The present study is the first attempt to practically observe these effects.

Overall, this study can hopefully have very promising results regarding the benefits of quality of classroom life as well as the impact of Modular Instruction on the classroom life.

1.2. The Present Study

The primary goal of this study was to develop a questionnaire to evaluate the quality of classroom life and to investigate the effects of Modular Instruction on promoting the quality of classroom life in EFL contexts. The following research questions were put forth to address these goals:

1: What are the components of Quality of Classroom Life based on Exploratory Practice?
2: To what extent is the Quality of Classroom Life Questionnaire reliable and valid?

3: Does Modular Teaching have any significant effects on the Quality of Classroom Life in EFL classes?

2. Literature Review

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

2.1.Exploratory practice

EP is especially interesting given the current shift of focus towards developing the quality of teaching in universities and EFL/ESL settings. EP should be of particular interest to those who want to engage in professional development activities that do not compete with the need to conduct more traditional research because it minimizes the 'parasitic' nature of classroom research, 'parasitic' because conventional classroom research takes time and effort from the real learning and teaching activities (Allwright, 2003).

The first aim of EP is to prioritize the quality of life of our learning–teaching environment above any concern for instructional efficiency. The second aim EP tries to achieve is to develop our understandings of the quality of learning–teaching life instead of simply searching for ever'improved' teaching techniques. Finally EP recognizes the fundamentally social nature of the mutual quest for understanding, in which both learners and teachers can develop. According to Allwright (2004), there are four steps that have to be taken to practice EP as follows: (a) The puzzle, (b) The method, (c) Reflection and interpretation and (d) Implications.

We need fundamental global principles for general guidance (e.g. bringing people together is more fruitful than pushing people apart). We must then work out the implications of these for our everyday local practice (‘How can we get our students to work together in our particular context?’). Thinking about acting locally in a principled way generates more thinking about our global principles, and helps us to develop these. 'Think globally, act locally'.

According to Allwright (2004), the principles of EP are as follows: Put quality of life first; Work primarily to understand classroom life; Involve everybody (i.e., learners are co-researchers); work to bring people together (atmosphere of collegiality); work for mutual development; integrate the work for understanding into classroom practice (EP should not be 'parasitic'); Make the work a continuous enterprise.

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

According to Allwright (2016), working together to understand classroom life as it is the best way for learners and teachers to make their language classroom lives both satisfying and productive. He developed five Propositions about learners, and then proposed Seven Principles for inclusive practitioner research.

The amount of research on the quality of classroom life has been extensive, but no questionnaire has been proposed in the world to measure the Quality of Classroom Life. As mentioned above, the first phase of the present research focused on the development of a questionnaire to measure the factors involved.

2.2. Modular instruction

Modular Instruction is in fact the offspring of Postmethod Instruction, and the first reference to the term postmethod goes back to Kumaravadivelu (1994). Kumaravadivelu (2006), however, traces the roots of the method critique to scholars such as Pennycook (1989) and Prabhu (1990). Pennycook argued that any knowledge is of a political, interested nature in the sense that it represents and safeguards the views of only a certain social group. In other words, knowledge is not objective and any knowledge formulation (and here method can be viewed as a formulation of how English should be taught) "reflects a particular view of the world and is articulated in the interests of unequal power relationships" (pp. 589–590). Prabhu (1990), following another line of argument, rejected the concept of method because it is the teacher who should make the crucial learning and teaching decisions about what works or does not work in his or her classroom based on his or her sense of plausibility or principled pragmatism. Methods do not help teachers in this decision-making process because, by nature, methods are constructed in a general way to make them applicable to a wide range of contexts.

The postmethod discourse has tried to include these concerns in its formulation, and the view of teaching it proposes apparently encompasses

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

both matters of practice and politics. Three principles, or pedagogies, summarize how postmethod defines L2 teaching: practicality, particularity, and possibility (Kumaravadivelu, 2001, 2003, 2005). The pedagogy of practicality aims at according equal importance to practitioners' theory vis-avis those of theoreticians and seeks to empower teachers by encouraging them "to theorize from their practice and practice what they theorize" (Kumaravadivelu, 2006, p. 59), and the pedagogy of particularity is intended to sensitize practitioners to their students' linguistic, social, and cultural background and needs. The pedagogy of Possibility relates language teaching to the process of social transformation by tapping "the sociopolitical consciousness that students bring with them to the classroom" (Kumaravadivelu, 2006, p. 59). Here language teaching acknowledges the critical dimension of the profession.

The modular model, which was introduced in 2012 is structured in the form of five constituent modules—Knowing, Analyzing, Recognizing, Doing and Seeing (KARDS). What teachers have to basically do in order to become self-determining and self-transforming individuals. They have to (a) develop their professional, procedural and personal knowledge base; (b) analyze learner needs, motivation, and autonomy; (c) recognize their own identities, beliefs and values; (d) perform teaching, theorizing and dialogizing; and (e) monitor their own teaching acts. Any viable teacher education program, then, must promote the conditions and capabilities necessary for present and prospective teachers to know, to analyze, to recognize, to do, and to see learning, teaching, and teacher development. It must help them to develop a holistic understanding of what happens in their classroom, so that, eventually, they will be able to theorize from practice and practice what they theorize.

Adopting a post transmission method of teaching, King suggested a modular model for pre-service teachers leading to the use of critical pedagogy in the classroom. On the basis of sociocultural epistemology, preservice teachers should think about their own personal teaching styles and cultural ideologies rather than a specific methodology that has been effective for others in the past (King, 2013).

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

In 2019 a KARDS questionnaire was used to classify the teachers into a more KARDS-oriented group and a less-KARDS oriented group.

Thefindings showed that there were four big shifts from "uncertainty of practice to certainty of practice", "the use of fewer macro-strategies to the use of more macro-strategies", "linguistic and technical view of language teaching to critical, educational, and transformative view of language teaching", and "conformity to nonconformity to dominant ideologies" in teachers' professional identities in both groups. The changes were analogous and/or identical in nature but not in quantity, and they should be underscored and incorporated in teacher education programs.(Hassani, Khatib, &YazdaniMoghaddam, 2019a, 2019b).

In spite of the studies mentioned above, the contributions of KARDS to teacher education have not been fully investigated in EFL/ESL contexts to the best knowledge of the researchers. Dearth of research in this specific area in the context of Iran, the substantial credit allocated to the process of professional identity reconstruction in teacher education, and the global wave to ESL/EFL teacher education programs encouraged the researchers to carry out a research on the effects of Modular Instruction (KARDS) on the quality of Classroom Life in Iranian EFL context.

3. Method

3.1. Participants

A non-random convenience method of sampling was used to include the participants who were available and willing to partake in this study. The participants were selected from among the population of university students of English majors at Azad University-Karaj Branch as well as the students at different levels of English proficiency in English Institutes in Karaj.

Two groups of participants were selected for the purpose of instrumentation and validation. The first group of the participants (used for Validation purposes) consisted of undergraduate university students and EFL students, including 145 females and 79 males (N = 224) at Islamic Azad University-Karaj Branch, Islamic Azad University_ Karaj Branch (Language

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

Center) as well as EFL students in Institute for Modern Citizenship Training Center. The researcher also made sure they had already passed a number of English courses.

Table 1

Demographic information for Group 1

Variables		Frequency	Percentage
Gender	Female	145	64.4
	Male	79	35.1
Affiliation	Modern Citizenship Training Center (Students)	71	31.5
	Modern Citizenship Training Center (Teachers)	42	18.6
	Azad University (Karaj)	70	31.1
	IAU Language Center (Karaj)	42	18.6

The second group (pretest and post-test group) of the participants consisted of undergraduate university students and EFL students, including 226 females and 96 males (N= 322), at Islamic Azad University-Karaj Branch, Islamic Azad University_ Karaj Branch (Language Center) as well as EFL students in Institute for Modern Citizenship Training Center.

Table 2

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

Demographic information for Group 2

Variables		Frequency	Percentage
Gender	Female	226	70.1
	Male	96	29.8
Affiliation	Modern Citizenship Training Center (Students)	165	51.2
	Modern Citizenship Training Center (Teachers)	25	7.7
	Azad University (Karaj)	70	21.7
	IAU Language Center (Karaj)	62	19.2

3.2. Design of the Study

This study had two phases. In Phase 1,after a comprehensive review of literature, a conceptual framework for the Iranian Exploratory Practice questionnaire was developed, followed by piloting and validating procedures and then the questionnaire was pre-tested and post-tested to observe the effects of modular instruction on the quality of classroom life.

3.2.1. Phase 1: Development of a Theoretical Framework

The questionnaire on Quality of Classroom Life is intended to collect the statistically relevant and significant information about the quality of classroom life in Iranian EFL context. The questionnaire is extracted from a number articles and papers by Allwright (2003,2004), Rio, Lyra, Fish and Braga (2003), Coleman (2006), Winch (1996), Celani (2006), Moos and David (1981), Kuschnir and Machado (2003), Gunn (2003), etc. The components were transformed into a questionnaire with initial 71 items. The 71 items were rated on a 5-point Likert scale ranging from (a) strongly disagree, (b) disagree, (c) no idea, (d) agree and (e) strongly agree. The

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

participants were required to recognize the tracks of Quality of Classroom Life Questionnaire in the paraphrased texts (if any) and choose one option. The initial draft of the questionnaire was designed with seven components as follows:

Component I: General Ideas of QoCRL (items 1-7) in the questionnaire construed the participants' general awareness of QoCRL. The items representing this theme were adapted from the Allwright (2004) and modified to suit the Iranian target academic population.

Component II: Educational View on QoCRL (items 8-11) in the questionnaire presented the ideas put forth by Winch (1996) and modified to address the Iranian academic audience.

Component III: Teaching Quality (items 12-28) in the questionnaire represented the ideas put forth by the Organization for Economic Cooperation (OECD, 1994) and modified to address the Iranian academic audience.

Component IV: Classroom Environment (items 29-32) in the questionnaire represented the ideas put forth by Moos and David (1981) and modified to address the Iranian academic audience.

Component V: Classroom Management (items 33-37) in the questionnaire represented the ideas by Richards (2001) and modified to address the Iranian academic audience.

Component VI: The Quality of Classroom Interaction (items 38-54) in the questionnaire represented the ideas put forth by Coleman (2006), Woods (2006), Wright (2006) and modified to address the Iranian academic audience.

Component VII: Puzzle Content in Exploratory Practice (items 55-71) in the questionnaire represented the ideas put forth by Lyra, Fish Braga and Braga (2003) and modified to address the Iranian academic audience.

3.2.1.1. Exploring Construct Validity of Quality of Classroom Life

The Quality of Classroom Life questionnaire (QoCLQ) was distributed among 187 EFL students. After collecting and entering the responses into the SPSS Ver. 25 (2017), 37 respondents dropped out due to their irresponsible answers. They either checked the same choice across all 71 items or left majority of the items unanswered. Then an exploratory factor analysis (EFA) using principal axis factoring method and varimax rotation was run on the data. Preliminary results indicated that the assumption of sampling adequacy

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

was retained (KMO = .787 > .60) (Table 3). the results of Bartlett's test of sphericity (χ^2 (2485) = 6262.37, p = .000) indicated that there were not zero correlations among all items; hence lack of identity.

Table 3

KMO and Bartlett's Test; Quality of Classroom Life Questionnaire (first round of EFA)

Kaiser-Meyer-Olkin Measure of Sampling Adequacy.		.787
Bartlett's Test of Sphericity	Approx. Chi-Square	6262.376
	Df	2485
	Sig.	.000

The first round of EFA on QoCLQ extracted 15 factors which accounted for 58.67 percent of total variance whereas, the EETQ was supposed to measure seven factors.

The statistical analysis displays the factor loadings of the 71 items under the 15 extracted factor. The results indicated that 11 items loaded under irrelevant factors, as follows;

- Items one to seven loaded under the first factor which is labeled as "general idea".
- Items eight to 12 loaded under the second factor which is labeled as "educational view".
- While items 13 to 29 were supposed to load under the third factor "teaching quality", three of the items; i.e. items 17, 20 and 24 had their loadings under irrelevant factors.
- Items 30 to 33 loaded under the fourth factor which is labeled as "classroom environment".
- Items 34 to 38 loaded under the fifth factor which is labeled as "classroom management".

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

- While items 39 to 55 were supposed to load under the sixth factor "quality of classroom interactions", four of the items; i.e. items 41, 46, 47 and 53 had their loadings under irrelevant factors.
- And finally, while items 56 to 71 were supposed to load under the seventh factor "puzzle content in exploratory practice", four of the items; i.e. items 56, 59, 64 and 68 had their loadings under irrelevant factors.

An exploratory factor analysis (EFA) using principal axis factoring method and varimax rotation was run on the remaining 60 items. Preliminary results indicated that the assumption of sampling adequacy was retained (KMO = .839 > .60). The results of Bartlett's test of sphericity (χ^2 (1770) = 5676.71, p = .000) indicated that there were not zero correlations among all items; hence lack of identity. The second round of EFA on QOCRQ extracted seven factors which accounted for 56.74 percent of total variance (Table 4).

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Table 4

Total Variance Explained; Quality of Classroom Life Questionnaire (second round of EFA)

	Initial Eigenvalues			Extraction Sums of Squared Loadings			Rotation Sums of Squared Loadings		
Factor	Total	% of Variance	Cumulative %	Total	% of Variance	Cumulative %	Total	% of Variance	Cumulative %
1	11.457	19.095	19.095	11.022	18.370	18.370	7.338	12.230	12.230
2	6.353	10.589	29.684	5.932	9.887	28.257	7.089	11.816	24.045
3	5.731	9.551	39.235	5.252	8.753	37.010	6.609	11.015	35.061
4	4.495	7.492	46.727	4.106	6.843	43.853	4.430	7.384	42.445
5	3.440	5.733	52.460	3.050	5.084	48.936	2.950	4.917	47.361

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

6	2.836	4.727	57.187	2.437	4.062	52.998	2.916	4.860	52.221
7	2.610	4.350	61.536	2.245	3.742	56.740	2.711	4.519	56.740
8	1.021	1.702	63.238						
9		.966	1.611	64.849					
10		.933	1.556	66.404					
11		.884	1.473	67.877					
12		.834	1.389	69.267					
13		.810	1.349	70.616					
14		.799	1.331	71.947					
15		.779	1.299	73.246					
16		.742	1.236	74.482					
17		.703	1.171	75.653					
18		.678	1.129	76.783					
19		.664	1.106	77.889					
20		.647	1.078	78.967					
21		.631	1.052	80.019					
22		.611	1.018	81.038					
23		.574	.957	81.995					
24		.544	.906	82.901					

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

25		.519	.865	83.765	
26		.512	.854	84.619	27
		.511	.852	85.471	
28	.480	.799	86.271		
29	.476	.793	87.064		
30	.454	.757	87.821		
31	.446	.744	88.565		
32	.434	.723	89.288		
33	.420	.700	89.988		
34	.401	.668	90.655		
35	.379	.631	91.287		
36	.359	.598	91.885		
37	.344	.573	92.458		
38	.338	.563	93.021		
39	.315	.525	93.546		
40	.305	.508	94.055		
41	.299	.498	94.553		
42	.277	.461	95.014		
43	.257	.429	95.442		
44	.253	.421	95.864		
45	.242	.404	96.267		
46	.222	.370	96.638		
47	.218	.364	97.002		

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

48	.215	.358	97.360				
49	.188	.313	97.673				
50	.171	.284	97.957				
51	.161	.269	98.226				
52	.150	.250	98.477				
53	.144	.240	98.716				
54	.129	.215	98.932				
55	.126	.210	99.142				
56	.119	.199	99.341				
57	.107	.178	99.518				
58	.103	.172	99.690			59	.094
	.157	99.847					
60	.092	.153	100.000				

Extraction Method: Principal Axis Factoring.

Table 5 displays the factor loadings of the 60 items under the seven extracted factors. All items loaded under their respective factors.

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

Table 5

Rotated Factor Matrix; Quality of Classroom Life Questionnaire (second round of EFA)

	Factor						
	1	2	3	4	5	6	7
QOCRQ1	.011	.015	.042	**.795**	.052	.048	.027
QOCRQ2	.088	.103	.047	**.817**	.026	.044	.008
QOCRQ3	.119	.102	.082	**.776**	.026	.035	.048
QOCRQ4	.012	.057	.101	**.766**	.097	.091	.031
QOCRQ5	.116	.090	.046	**.766**	.059	-.007	.008
QOCRQ6	.089	.112	.090	**.774**	.042	-.012	.035
QOCRQ7	.066	.048	.081	**.731**	.062	.131	.063
QOCRQ8	.050	.095	.093	.020	**.714**	.022	.033
QOCRQ9	.068	.025	.049	.115	**.773**	.064	.052
QOCRQ10	.046	.073	.113	.071	**.754**	.077	.142
QOCRQ11	.088	.092	.107	.129	**.742**	.057	-.004
QOCRQ12	.042	.002	.145	.010	**.745**	.099	-.013
QOCRQ13	.093	.029	**.681**	-.006	.087	.090	.051
QOCRQ14	.154	.117	**.683**	.079	-.013	.036	-.065
QOCRQ15	-.028	.128	**.679**	.087	.048	.092	.018
QOCRQ16	.064	.064	**.702**	.067	.085	.058	.063

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

QOCRQ18	-.047	.076	**.656**	.076	.053	.038	.038
QOCRQ19	.087	.077	**.718**	-.009	-.043	.059	.036
QOCRQ21	.096	.032	**.650**	.076	.022	-.034	.013
QOCRQ22	-.043	.089	**.618**	.092	.097	.099	-.017
QOCRQ23	.062	.087	**.689**	.033	.048	-.022	.084
QOCRQ25	.032	.113	**.646**	-.041	.009	.050	-.058
QOCRQ26	.062	.034	**.649**	.000	.045	.061	.057
QOCRQ27	.041	.063	**.676**	.014	.042	.026	.063
QOCRQ28	.093	.116	**.681**	.027	.053	.007	-.020
QOCRQ29	.056	.022	**.646**	.082	.096	-.014	-.002
QOCRQ30	.091	.124	.063	.018	.051	.094	**.847**
QOCRQ31	.101	.101	.024	.057	.040	.083	**.775**
QOCRQ32	.135	.067	.051	.016	.063	.076	**.779**
QOCRQ33	.009	.053	.061	.106	.047	.075	**.794**
QOCRQ34	.045	.048	.049	.115	.027	**.785**	.089
QOCRQ35	.035	.086	.030	.051	.080	**.708**	.062
QOCRQ36	.092	.018	.125	-.022	.098	**.694**	.070
QOCRQ37	.056	.021	.092	.121	.057	**.687**	.069
QOCRQ38	.042	.095	.125	.030	.041	**.808**	.025
QOCRQ39	.059	**.715**	.131	.022	.011	.022	.041
QOCRQ40	.072	**.696**	.050	.099	.038	.018	.063

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

QOCRQ42	.023	**.670**	.082	.056	-.054	.057	.050
QOCRQ43	.110	**.741**	.146	.039	.076	-.076	.069
QOCRQ44	.121	**.740**	.044	.069	.072	.115	.014
QOCRQ45	.037	**.698**	.055	.090	.052	.002	.037
QOCRQ48	.055	**.736**	.146	.056	.069	.004	.029
QOCRQ49	.128	**.623**	.117	.073	.065	-.002	-.033
QOCRQ50	.124	**.768**	.027	.057	.010	.078	-.083
QOCRQ51	.049	**.687**	.011	.051	-.022	.060	.063
QOCRQ52	.005	**.793**	.095	.031	.050	.038	.070
QOCRQ54	.046	**.762**	.103	-.028	-.046	.066	.042
QOCRQ55	.062	**.747**	.073	-.003	.081	-.017	.069
QOCRQ57	**.751**	.038	.059	.080	.053	.034	.024
QOCRQ58	**.787**	.008	.123	.066	.016	-.035	.083
QOCRQ60	**.763**	.065	.016	.087	.081	.074	.076
QOCRQ61	**.766**	.065	.091	.074	.052	-.011	.069
QOCRQ62	**.769**	.120	.117	.090	.016	.014	.070
QOCRQ63	**.786**	.130	.001	-.001	.033	.045	-.006
QOCRQ65	**.758**	.048	.065	-.038	.063	.101	-.008
QOCRQ66	**.815**	.075	.023	.043	-.002	.061	.027
QOCRQ67	**.768**	.090	.070	.098	.011	.014	.033
QOCRQ69	**.717**	.068	.036	.048	.083	.037	.046
QOCRQ70	**.714**	.137	.053	.012	-.004	.009	-.022
QOCRQ71	**.802**	.035	.076	.034	-.016	.020	.044

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

3.2.1.2. Cronbach's Alpha Reliability Indices

Table 6 displays the Cronbach's alpha reliability for the general idea section of QOCRQ. The questionnaire enjoyed a reliability index of .92.

Table 6

Cronbach's Reliability; General Ideal (QOCRQ)

Cronbach's Alpha	N of Items
.920	7

Table 7 displays the item-total-correlations of the items measuring general idea. All items had at least moderate; i.e. = > .30 contribution to total score.

Table 7

Item-Total Statistics; General Idea (QOCRQ)

	Scale Mean if Total Deleted	Scale Corrected Item-Total Alpha if Item Deleted	Correlation	Cronbach's if Item Variance Deleted
QOCRQ1	16.95	55.541	.754	.907
QOCRQ2	16.95	55.011	.789	.904

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

QOCRQ3	16.96	54.844	.760	.907
QOCRQ4	16.99	55.825	.742	.909
QOCRQ5	17.04	56.253	.739	.909
QOCRQ6	16.94	55.251	.758	.907
QOCRQ7	16.97	56.845	.717	.911

Table 8 displays the Cronbach's alpha reliability for the educational view section of QOCRQ. The questionnaire enjoyed a reliability index of .92.

Table 8

Cronbach's Reliability; General Ideal (QOCRQ)

Cronbach's Alpha	N of Items
.874	5

Table 9 displays the item-total-correlations of the items measuring educational view. All items had at least moderate; i.e. = > .30 contribution to total score.

Table 9

Item-Total Statistics; Educational View (QOCRQ)

	Scale Mean if Item Deleted	:ale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
QOCRQ8	11.33	27.593	.669	.856
QOCRQ9	11.28	26.377	.724	.842
QOCRQ10	11.43	26.730	.717	.844
QOCRQ11	11.40	26.658	.702	.848
QOCRQ12	11.38	26.761	.699	.848

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

Table 10 displays the Cronbach's alpha reliability for the teaching quality section of QOCRQ factor removing the three items which failed to contribute to this construct. The questionnaire enjoyed a reliability index of .92.

Table 10

Cronbach's Reliability; Teaching Quality (QOCRQ)

Cronbach's Alpha	N of Items
.923	14

Table 11 displays the item-total-correlations of the items measuring teaching quality. All items had at least moderate; i.e. = > .30 contribution to total score.

Table 11

Item-Total Statistics; Teaching Quality (QOCRQ)

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
QOCRQ13	37.31	183.905	.663	.917
QOCRQ14	37.27	185.180	.668	.917
QOCRQ15	37.28	184.632	.663	.917
QOCRQ16	37.13	183.843	.687	.916
QOCRQ18	37.24	184.667	.635	.918
QOCRQ19	37.32	183.186	.690	.916
QOCRQ21	37.26	186.932	.629	.918
QOCRQ22	37.21	187.722	.603	.919
QOCRQ23	37.23	183.254	.672	.917

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

QOCRQ25	37.17	186.100	.623	.919
QOCRQ26	37.35	186.443	.629	.918
QOCRQ27	37.25	184.737	.655	.918
QOCRQ28	37.15	184.233	.666	.917
QOCRQ29	37.23	186.918	.628	.918

Table 12 displays the Cronbach's alpha reliability for the classroom environment section of QOCRQ. The questionnaire enjoyed a reliability index of .88.

Table 12

Cronbach's Reliability; Classroom Environment (QOCRQ)

Cronbach's Alpha	N of Items
.888	4

Table 13 displays the item-total-correlations of the items measuring classroom environment. All items had at least moderate; i.e. = > .30 contribution to total score.

Table 13

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

Item-Total Statistics; Classroom Environment (QOCRQ)

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
QOCRQ30	8.53	14.371	.802	.837
QOCRQ31	8.57	15.845	.736	.862
QOCRQ32	8.56	15.926	.746	.859
QOCRQ33	8.54	15.552	.735	.863

Table 14 displays the Cronbach's alpha reliability for the classroom management section of QOCRQ. The questionnaire enjoyed a reliability index of .86.

Table 14

Cronbach's Reliability; Classroom Management (QOCRQ)

Cronbach's Alpha	N of Items
.866	5

Table 15 displays the item-total-correlations of the items measuring classroom management. All items had at least moderate; i.e. = > .30 contribution to total score.

Table 15

Item-Total Statistics; Classroom Management (QOCRQ)

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

QOCRQ34	11.63	23.415	.728	.828
QOCRQ35	11.61	23.972	.658	.845
QOCRQ36	11.63	24.274	.653	.846
QOCRQ37	11.67	24.573	.649	.847
QOCRQ38	11.83	23.187	.751	.822

Table 16 displays the Cronbach's alpha reliability for the quality of classroom interactions section of QOCRQ factor removing the four items which failed to contribute to this construct. The questionnaire enjoyed a reliability index of .94.

Table 16

Cronbach's Reliability; Quality of Classroom Interactions (QOCRQ)

Cronbach's Alpha	N of Items
.938	13

Table 17 displays the item-total-correlations of the items measuring quality of classroom interaction. All items had at least moderate; i.e. = > .30 contribution to total score.

Table 17

Item-Total Statistics; Quality of Classroom Interactions (QOCRQ)

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
QOCRQ39	34.84	182.793	.703	.933
QOCRQ40	34.83	183.997	.682	.934

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

QOCRQ42	34.81	185.889	.653	.934
QOCRQ43	34.80	182.685	.736	.932
QOCRQ44	34.78	182.495	.729	.932
QOCRQ45	34.75	184.536	.683	.934
QOCRQ48	34.81	183.607	.729	.932
QOCRQ49	34.71	187.954	.620	.935
QOCRQ50	34.79	181.874	.750	.931
QOCRQ51	34.85	184.560	.667	.934
QOCRQ52	34.85	179.137	.773	.931
QOCRQ54	34.81	181.200	.741	.932
QOCRQ55	34.71	181.001	.729	.932

Table 18 displays the Cronbach's alpha reliability for the puzzle content in exploratory practice section of QOCRQ factor removing the four items which failed to contribute to this construct. The questionnaire enjoyed a reliability index of .95.

Table 18

Cronbach's Reliability; Puzzle Content (QOCRQ)

Cronbach's Alpha	N of Items
.948	12

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

Table 19 displays the item-total-correlations of the items measuring puzzle content in exploratory practice. All items had at least moderate; i.e. = > .30 contribution to total score.

Table 19

Item-Total Statistics; Puzzle Content (QOCRQ)

	Scale Mean if Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
QOCRQ57	30.81	166.153	.738	.944
QOCRQ58	30.89	164.901	.773	.942
QOCRQ60	30.83	166.381	.752	.943
QOCRQ61	30.87	164.761	.756	.943
QOCRQ62	30.91	164.582	.767	.943
QOCRQ63	30.89	164.566	.769	.943
QOCRQ65	30.97	167.878	.738	.944
QOCRQ66	30.95	164.609	.796	.942
QOCRQ67	30.93	165.351	.760	.943
QOCRQ69	30.91	168.617	.709	.945
QOCRQ70	30.90	168.789	.697	.945
QOCRQ71	30.89	165.076	.781	.942

3.2.1.3 Testing Assumptions

As it was mentioned above, the data were analyzed through paired-samples t-test which assumes lack of univariate and multivariate outliers and normality

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

of data. The univariate outliers were detected by computing standardized scores (Z-scores) for the dependent variables. The participants whose Z-scores were higher than +/- 3, were considered as outliers, and hence, dropped out of analyses. As displayed in Table 21, all variables had Z-scores higher than +/- 3. The following ID numbers were dropped out; 61, 72, 89, 101, 102, 112, 135, 157, 161, 240, 260, 360, 378, 391, 398 and 399.

Table 20

Descriptive Statistics of Standardized Scores

	N	Minimum	Maximum	Mean	Std. Deviation
Zscore (Pre-QOCRQ)	400	-3.146	3.426	.000	1.00
Zscore (Post-QOCRQ)	400	-4.528	1.866	.000	1.00
Zscore (Pre-Effective)	400	-3.853	2.888	.000	1.00
Zscore (Post-Effective)	400	-3.860	1.849	.000	1.00

The multivariate outliers were identified by computing the Mahalanobis Distances (Table 21) which were compared against the critical value of chisquare for 4 degrees of freedom, there were 4 dependent variables in this study, at .001 levels of significance (Tabachnick and Fidell, 2014); i.e. 18.46. Twelve more cases; i.e. 51, 64, 65, 114, 155, 182, 225, 252, 273, 309, 368 and 385, whose Mahalanobis D values higher than 18.46, were dropped out.

Table 21

Descriptive Statistics of Mahalanobis Distances

	N	Minimum	Maximum	Mean	Std. Deviation
Mahalanobis Distance	384	.116	38.165	3.989	5.646

After removing the univariate and multivariate outliers, the normality of the data was checked through skewness and kurtosis indices. As displayed in Table 22 the absolute values of the skewness and kurtosis indices were lower than 2, (Bachman 2005, and Bae & Bachman 2010). Thus it was concluded that the present data did not show any significant deviation from normality.

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

Table 22

Descriptive Statistics; Testing Normality of Data

Group		N	Skewness		Kurtosis	
		Statistic	Statistic	Std. Error	Statistic	Std. Error
Teachers	Pre-QOCRQ	50	.354	.337	-.592	.662
	Post-QOCRQ	50	.504	.337	-.838	.662
	Pre-Effective	50	-.004	.337	-.930	.662
	Post-Effective	50	.056	.337	-.574	.662
Students	Pre-QOCRQ	322	-.364	.136	-.568	.271
	Post-QOCRQ	322	.064	.136	-.988	.271
	Pre-Effective	322	-.318	.136	.457	.271
	Post-Effective	322	-.313	.136	-.647	.271

3.2.2. Phase 2 of the Study: The Impact of Modular Instruction on Quality of Classroom Life

To test the newly-developed Quality of Classroom Life questionnaire, the questionnaire was pre-tested and post-tested after the teachers in the abovementioned institutes were invited to attend classes to get familiar with

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

the principles of Modular Instruction. The classes were held for 15 sessions. First they were lukewarm reactions to the classes as they thought the classes would not be useful, but after the first four sessions, almost all teachers became interested and attended all the sessions. They all believed that modular instruction opened a new chapter in their worldview about language teaching. The classes were all taught by the researchers and the focus of attention was on the details of KARDS. As a result, the researchers were positive that the instruction would have a positive effect on the quality of the classes taught by the highly motivated teachers.

3.2.2.1. Exploring the Research Question

Does Modular Instruction have any significant effects on the Quality of Classroom Life in EFL classes?

The researchers decided to analyze the second research question using repeated measures ANOVA; however, the assumptions of homogeneity of variances and homogeneity of covariance matrices were not retained. That was why two separate paired-samples t-tests were run to compare the teachers' means on pretest and post-test of QOCRQ. The same analysis was run for the students.

3.2.2.2. Comparing Teachers' Means on Pretest and Post-test of Quality of Classroom Life

A paired-samples t-test was run to compare the EFL teachers' means on pretest and post-test of QOCRQ in order to probe the minor nullhypothesis 2-1. Based on the results displayed in Table 23 it can be claimed that the EFL teachers had higher mean on post-test of QOCRQ (M = 309.88, SD = 18.24) than pretest (M = 233.14, SD = 19.30).

Table 23

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

Descriptive Statistics; Pretest and Post-test of Quality of Classroom Life (Teachers)

		Mean	N	Std. Deviation	Std. Error Mean
QOCRQ	Pre-QOCRQ	233.14	50	19.301	2.730
	Post-QOCRQ	309.88	50	18.248	2.581

The results of the paired-samples t-test (t (49) = 132.03, p = .000, Cohen's d = 4.08 representing a large effect size) (Table 24) indicated that EFL teachers had a significantly higher mean on post-test of QOCRQ than pretest. Thus null-hypothesis **was rejected**. Table 24

Paired-Samples t-test; Pretest and Post-test of Quality of Classroom Life (Teachers)

Paired Differences							
			95% Confidence Interval of the Difference				
Mean	Std. Deviation	Std. Error Mean	Lower	Upper	T	df	Sig. (2-tailed)
76.740	4.110	.581	75.572	77.908	132.035	49	.000

3.2.2.3. Comparing Students' Means on Pretest and Post-test of Quality of Classroom Life

A paired-samples t-test was run to compare the EFL students' means on pretest and post-test of QOCRQ in order to probe the minor null-hypothesis 2-2. Based on the results displayed in Table 25 it can be claimed that the EFL students had higher mean on post-test of QOCRQ (M = 305.75, SD = 26.13) than pretest (M = 226.69, SD = 35.55).

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

Table 25

Descriptive Statistics; Pretest and Post-test of Quality of Classroom Life (Students)

		Mean	N	Std. Deviation	Std. Error Mean
Effectiveness	PreQOCRQ	226.69	322	35.554	1.981
	PostQOCRQ	305.75	322	26.135	1.456

The results of the paired-samples t-test (t (321) = 96.22, p = .000, Cohen's d = 2.53 representing a large effect size) (Table 26) indicated that EFL students had a significantly higher mean on post-test of QOCRQ than pretest. Thus null-hypothesis 2-2 **was rejected**.

Table 26

Paired-Samples t-test; Pretest and Post-test of Quality of Classroom Life (Students)

	Paired Differences						
			95% Confidence Interval of the Difference				
Mean	Std. Deviation	Std. Error Mean	Lower	Upper	T	df	Sig. (2-tailed)

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

79.059	14.744	.822	77.443	80.675	96.222 321	.000

Table 27

Box's Test of Equality of Covariance Matrices; QOCRQ

Box's M	81.550
F	26.774
df1	3
df2	94081.931
Sig.	.000

Table 28

Levene's Test of Equality of Error Variances; QOCRQ

		Levene Statistic	df1	df2	Sig.
Pre-QOCRQ	Based on Mean	22.665	1	370	.000
	Based on Median	22.339	1	370	.000
	Based on Median and with adjusted df	22.339	1	345.640	.000

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

	Based on trimmed mean	22.413	1	370	.000
Post-QOCRQ	Based on Mean	12.252	1	370	.001
	Based on Median	12.454	1	370	.000
	Based on Median and with adjusted df	12.454	1	360.569	.000
	Based on trimmed mean	12.546	1	370	.000

3.2.2.4. Cronbach's Alpha Reliability

Table 29 displays the Cronbach's alpha reliability for the pretests and post-test s of teacher effectiveness and QOCRQ. The results showed that the reliability indices for the pretest and post-test of QOCRQ were .97 and .97, and pretest and post-test of teacher effectiveness enjoyed reliability indices of .92 and .90.

Table 29

Reliability Statistics; Pretests and Post-tests of QOCRQ

	Cronbach's Alpha	N of Items
Pre-QOCRQ	.969	71
Post-QOCRQ	.969	71

4. Discussion

The present study was conducted to fill in the literature gap by developing a valid instrument for assessing EFL/ESL students' knowledge of Quality of Classroom Life and their informed practice in EFL context. This attempt led

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

to a QoCRL Questionnaire with seven components of General Ideas of QoCRL (items 1-7), Educational View on QoCRL (items 8-11), Teaching Quality (items 12-28), Classroom Environment (items 29-32), Classroom Management (items 33-37), The Quality of Classroom Interaction (items 38-54) and Puzzle Content in Exploratory Practice (items 55-71). Relying on statistical analysis, a new theme of Quality of Classroom Life was explored. Quality of Classroom Life was proved to actively contribute into the Iranian academics'sensitivity to learning in EFL settings. This component was named as Quality of Classroom Life, since it conceptually represented the impact of the social values and normative attitude of the Iranian academic community to learning. The feedback that the researchers received from the participants was in line with the concept of 'Collegiality' advocated by Allwright and it was proved that the students as well as teachers were wholeheartedly advocated the concepts with regard to QoCL.

The Quality of Classroom Life is in fact a comprehensive concept discussed by Allwright (2004) which focuses on components such as Teaching Quality and and Classroom Management. The results obtained are unique with regard to the fact that such a questionnaire has not been developed so far and it can be a gateway for researchers and teachers as wells as students to look critically at what goes on in the classroom.

The second line of research in this study focused on the impact of modular instruction on the Quality of Classroom Life and it was observed that modular instruction can actively contribute into the Iranian EFL attitudes towards quality in English classes. The results of the study indicated that the modular instruction had an immense impact on Quality of Classroom Life. As of the date of the publication of the present study, no other research has been directed towards the effect of modular instruction. In this study it was observed the teachers who were exposed to Modular Instruction developed a highly positive attitude towards the conditions of learning and their training positively enhanced the rapport between the teachers and students. Their training positively changed the atmosphere for the teachers and students in language classes.

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

5. Conclusion and Implications

The questionnaire was designed with seven components as follows:Component I consisted of the general Ideas of QoCRL (items 1-7) construed the participants' general awareness of classroom quality.Component II which was the Educational View on QoCRL (items 811) in the questionnaire presented to address the Iranian academic audience awareness to instructional aspects of quality. Component III or the Teaching Quality (items 12-28) was modified to address the part of life which is brought up by the teacher and Component IV: Classroom Environment (items 29-32) addressed the Iranian EFL environment. Component V was concerned with the Classroom Management issues (items 33-37) .Component VI, the Quality of Classroom Interaction (items 38-54) in the questionnaire, addressed the degree of interaction as one of the important issues to determine classroom quality and finally component VII focused on the Puzzle Content in Exploratory Practice (items 55-71).

Relying on the findings in this study, Iranian L2 academic community has excellent ideas with regard to the quality of classroom life and high positive attitude towards its components. Therefore, it seems that the preliminaries for quality of classroom life are adequately provided in Iranian educational contexts in general, and in L2 context in particular. However, more attention has to be paid to the details of quality to enhance the educational level in Iran. Findings in the second phase of the study also proved that the Iranian L2 academic teachers were highly interested in Modular Instruction as they all attended the training sessions with great enthusiasm. The positive effect of modular instruction on the quality of classroom life is another indication of the interest which can be found in Iranian EFL context. The participants had a more positive attitude towards the quality of classroom life after their teachers got familiar the principles of Modular Instruction and implemented such principles in their classes effectively. In general, knowledge of KARDS enabled the teachers to have a better grasp of the concept of quality and had a statistically significant effect on the attitudes of the students with regard to the concept of quality of classroom life.

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

Therefore, it seems that in addition to improving the Iranian L2 teachers' awareness, right attitude, and deep perception towards Quality of Classroom Life, their beliefs to the academic misconducts in scholarly activities need to be fundamentally reshaped. The newly-designed Quality of Classroom Life Questionnaire is hoped to properly equip the Iranian teachers, test developers, materials developers, and policymakers with a valid instrument to assess the quality of classroom life in EFL/ESL settings. Moreover, the obtained data in this study can assist the educators to devise remedial tutorial courses to improve the quality of life in classes. It is noteworthy that the data in this study were collected from a large number of participants; however, a non-random sampling procedure was conducted to select only Iranian students studying English as an FL. Therefore, the researchers are skeptical about the findings to be divergent in the further research with participants in other communities with other ethnic backgrounds, since their academic beliefs would not be in complete accordance with the Iranian students.

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

6. References

Allwright, D. (2003). Exploratory practice: Re-thinking practitioner research in language teaching. *Language Teaching Research* ,*7*(2),113–41.

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

Allwright, D.(2004a). Innovation: Going beyond 'success'. Paper presented at the RELC Seminar, Singapore.

Allwright, D. (2004b). Developing principles for practitioner research: The case of exploratory practice. Paper presented at the AAAL Colloquium, Portland, Oregon, USA, May.

Allwright D., Hanks J. (2016) The Developing Language Learner: An Introduction to Exploratory Practice. Palgrave Macmillan, London.

Bachman, L. F. (2005). Building and supporting a case for test use. *Language Assessment Quarterly*, *2*, 1–34. https://dx.doi.org/10.1207/s15434311laq0201_1

Bae, J., & Bachman, L, F. (2010). An investigation of four writing traits and two tasks across Two languages. *SAGE*, *27*(2) 213-234.

Brown, H. D. (1994). *Principles of language learning and teaching*. Upper Saddle River, NJ: Prentice Hall.

Celani, M. A. (2006). Language teacher educators in search of locally helpful understandings. In S. Gieve& I. K. Miller (Eds.), *Understanding the English classroom* (pp. 226-238). New York: Palgrave McMillan.

Coleman, H. (2006). Darwin and the large class. In: Understanding the language classroom. In S. Gieve & I.K. Miller(eds.). London: Palgrave Macmillan, Chapter 6 in this volume.

Dornyei, Z. (2007). *Research Methods in Applied Linguistics*. Oxford: Oxford University Press.

Gunn, C., McSporran, M., Macleod, H., & French, S. (2003). Dominant or different?Genderissues in computer supported learning. *Journal of Asynchronous Learning Networks, 7*(1), 14-30.

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

Hassani, V., Khatib, M., YazdaniMoghaddam, M. (2019).An Investigation of Teachers' Perceptions of KARDS in an EFL Context. International Journal of Foreign Language Teaching and Research, 7(28), 135-153.

King, E. T. (2013). Review of language teacher education for a global society: A modular model for knowing, analyzing, recognizing, doing, and seeing. *TESL-EJ, 16*(4).

Kumaravadivelu, B. (1994). The postmethod condition: (E)merging strategies for second/foreign language teaching. *TESOL Quarterly*, *28*, 27– 48.

Kumaravadivelu, B. (2003). *Beyond methods*: *Macrostrategies for language teaching*. London: Yale University Press.

Kumaravadivelu, B. (2005). In defence of post-method. *ILI Language Teaching Journal*, *1*(1), 15-19.

Kumaravadivelu, B. (2006). *Understanding language teaching*: *From method to postmethod.* Mahwah, NJ: Lawrence Erlbaum.

Kumaravadivelu, B. (2012). *Language Teacher Education for a Global Society*: *A modular model for knowing, analyzing, recognizing, doing and seeing.* Routledge.https://dx.doi.org/978-0-415-87738-1

Kuschnir, A.N., & Machado, B.S. (2003). Puzzling, and puzzling about puzzle development. *Language Teaching Research,7*, (2),163–80.

Lyra, I., S., Fish Braga ,&Braga,W.G. (2003). What puzzles teachers in Rio de Janeiro, and what keeps them going? *Language Teaching Research,7*(2), 143–62.

Moos, R.H. ,& David, T.G. (1981). Evaluating and changing classroom settings. In: J.L. Epstein & P.W. Jackson (Eds.), *The Quality of School Life, Lexington Books* (pp.59-80). Lexington.

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

Pennycook, A. (1989). The concept of method, interested knowledge, and the politics of language teaching. *TESOL Quarterly*, *23*, 589- 618. https://dx.doi.org/ 10.2307/3587534

Prabhu, N. S. (1990). There is no best method-Why? *TESOL Quarterly,24*, 161-176.

Stern, H. H. (1983). *Fundamental concepts of language teaching*. Oxford, England: Oxford University Press.

Winch, C. (1996a). The aims of education revisited. *Journal of Philosophy of Education*, *30*(1), 33-44.

Winch, C.(1996b). Constructing worthwhile curricula.*Journal of Philosophy of Education,30*(1),45-6.

Notes on Contributors:

Parisa Tahan Shizari a PhD Candidate at Islamic Azad University-Karaj Branch. She has taught English at different levels of language proficiency and currently teaches translation courses and Applied Linguistics. She is highly interested in Applied Linguistics, Methodology and PostMethodology. She has participated in various conferences and also published some articles in scholarly journals.

Farid Ghaemi is an assistant professor of Applied Linguistics and ELT. He has taught undergraduate and graduate courses at different universities for more than 30 years. He has published extensively in national and international journals.

Natasha Pourdana is a PhD holder of TEFL who is currently an assistant professor at Islamic Azad University, Karaj Branch, Iran. She has several publications on language assessment, translation quality assessment and language teaching. Her fields of interests are formative language assessment, language tasks construction and translation quality assessment.

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Kobra Tavassoli is an assistant professor of TEFL at Islamic Azad University, Karaj, Iran. She is teaching language assessment, research methodology, and language teaching methodology courses at BA, MA, and PhD levels. Her areas of interest are language assessment and teacher education. She has published in different journals and presented in national and international conferences on these topics.

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

Quality of Classroom Life (QoCRL) Questionnaire

This questionnaire is going to be used to investigate the qualities of classroom life from the perspective of Iranian English language teachers and students. Findings of this study are hoped to be beneficial to both Iranian English language teachers and learners. English language teachers will be able to check the suitability of their own and their colleagues' beliefs regarding foreign language teaching and learning, trying to enhance their teaching practice regarding the needs and purposes of their learners as far as possible. Learners will develop more positive attitudes towards English language learning.

DIRECTIONS: Please indicate your opinion after each statement by putting an X that best describes the extent to which you believe the statement applies to you.

INSTRUCTIONS

Please circle your response to the items. Rate aspects of the questionnaire on a 1 to 5 scale:

1 = "Strongly disagree," or the lowest, most negative impression

2= "Disagree"

3 = "Neither agree nor disagree," or no adequate impression

4= "Agree"

5 = "strongly agree," or the highest, most positive impression

Strongly disagree——Strongly agree

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

	1	2	3	4	5
I. General Ideas of QoCRL					
1-This is an excellent class than any other class.					
2-The class activities fit my purposes and goals.					
3- I enjoy being and living in class.					
4- I have a good feeling about the class.					
5- The activities give me clear information about culture.					
6- The information provided in class helps me to use English for social purposes.					
7- I understand the activities in class perfectly.					
strongly disagree——strongly agree					
	1	**2**	**3**	**4**	**5**
II. Educational View on QoCRL					
8-The class activities help me reach my goals in life.					
9-I learn a lot of interesting things in class.					
10- I will never stop learning English.					
11-We have all the necessary facilities for learning English in class.					
12- The staff, teacher and other students are all friendly and helpful.					

III. Teaching Quality					

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

13-The teacher masters the subject he/she teaches.					
14- The teacher is skillful enough to teach the subject matter.					
15- The teacher can evaluate his/her own teaching.					
16- The teacher criticizes and corrects himself/herself.					
17- The teacher empathizes with the students.					
18- The teacher resects students and pays attention to the students' understanding and feelings.					
19- The teacher can manage the class effectively.					
20- The teacher distinguishes the connection between his/her personal and professional lives.					
21- The teacher knows believes in the concept of work centrality.					
22-The teacher is highly committed to his/her work.					
23- The teacher's voice is easy to hear.					
24- The teacher has a positive feeling about his/her work.					
25- The teacher is satisfied with his/her job.					
26- The teacher's morale is very high.					
27- The teacher tries to avoid student burn-out.					
strongly disagree → strongly agree					
	1	**2**	**3**	**4**	**5**

28- The teacher tries to motivate the students in different ways.					

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

29- The teacher tries to reduce the students' stress in different ways.					
IV. Classroom Environment					
30- The environment of the class is so interesting.					
31- There is a strong sense of relationship between the teacher and the students.					
32- The class is directed towards the goals of the students.					
33- The class is directed towards change.					
V. Classroom Management					
34- We can observe orderly classroom management and routines.					
35- The course syllabus is highly organized.					
36- There are no interruptions in the sense of individual learning needs.					
37- There is an overall class success rate in general examinations.					
38- There is complete dedication of time to these common objectives.					
VI. The Quality of Classroom Interaction					
39- The students understand the materials.					
40- The quality of interaction is high in the senses of both nature and goodness.					
41- The learners and teachers make their decisions about teaching and learning.					

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

42- The gestures, use of space, dresses, and eye contacts are desirable and based on respect.					

Appendix (A)

	strongly disagree				**strongly agree**
	1	**2**	**3**	**4**	**5**
43- There is attention to cognitive and affective aspects of learning.					
44- The students have a sense of creativity, and aesthetic sensibilities.					
45- There is a lot of attention to affect language learning (being and doing).					
46- There is a lot of attention to emotions, preferences, and attitudes.					
47- The classroom participants respond when they perceive and understand the meaning (the language meaning) of speech					

48- The students simultaneously take an active, responsive attitude toward it					

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

49- There is good interpersonal and interactional relationships with them.					
50- The teacher uses expressive intonation when addressing students.					
51- The teacher addresses everyone in the classroom.					
52- There is continuity in class over days, weeks, months.					
53- There is continuity in linguistic interaction.					
54- The use of this shared history of relationship is observed in class.					
VII. Puzzle Content in Exploratory Practice					
56- The teacher motivates the learners to learn more and enjoy learning.					
57- The teacher tries to reduce the institutional lack of interest.					
58- The teacher and students pay attention to the discipline issues in class.					
59- The learning process leads to social					
involvement.					

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

	strongly disagree				strongly agree
	1	**2**	**3**	**4**	**5**
60- There are work-oriented puzzles to lead to life-oriented understandings.					
61- The teacher and students have positive relationship with each other.					
62- The lessons lead to the understanding of the context in class.					
63- Both the teacher and learners assume responsibilities during group-work.					
64- There is positive peer support and constructive attitude in class.					
65- The interference of learners' life in classroom events is observed.					
66- The degree of communicative interaction is excellent.					
67- The moods, personalities, and participation of everyone is taken into account.					
68- The teacher pays attention to students' confidence, comfort zone, culture and shared background information.					
69- The written feedback is used in class as a means of clarifying the points and removing the obstacles.					

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

70- The tone, and intention of the teacher show that he empathizes with the students.					
71- The students have the desire to express puzzles about their lives.					

Appendix (B)

Total Variance Explained; Quality of Classroom Life Questionnaire (first round of EFA)

	Initial Eigenvalues			Extraction Sums of Squared Loadings			Rotation Sums of Squared Loadings		
Factor	Total	% of Variance	Cumulative %	Total	% of Variance	Cumulative %	Total	% of Variance	Cumulative %
1	11.599	16.337	16.337	11.225	15.810	15.810	7.521	10.593	10.593
2	6.463	9.103	25.440	6.097	8.588	24.398	7.201	10.142	20.735
3	5.859	8.252	33.693	5.451	7.678	32.076	6.832	9.622	30.357
4	4.583	6.455	40.147	4.238	5.969	38.045	4.549	6.407	36.764
5	3.580	5.042	45.190	3.228	4.546	42.591	3.156	4.445	41.210
	3.000								

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

6		4.230	49.419	2.626	3.699	46.290	3.012
		4.242	45.452				
	3						
	2.74						
7		3.864	53.283	2.414	3.400	49.690	2.810
		3.957	49.409				
	3						
	1.72						
8		2.424	55.707	1.143	1.609	51.299	.926
		1.305	50.713				
	1						
	1.60						
9		2.260	57.967	1.077	1.517	52.816	.906
		1.276	51.989				
	5						
	1.32						
10		1.870	59.837	.826	1.163	53.979	.871
		1.226	53.216				
	8						
	1.29						
11		1.817	61.654	.789	1.112	55.091	.820
		1.155	54.371				
	0						
	1.20						
12		1.692	63.346	.707	.996	56.087	.817
		1.151	55.522				
	2						
	1.14						
13		1.607	64.953	.644	.907	56.994	.806
		1.135	56.656				
	1						

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

	1.11						
14	1.567	66.520		.606	.853	57.846	.727
	1.024	57.681					
	2						
	1.05						
15	1.489	68.009		.589	.830	58.676	.707
	.995	58.676					
	8						
16	.978	1.377	69.386				
17	.942	1.326	70.713				
18	.900	1.268	71.981				
19	.847	1.193	73.174				
20	.809	1.139	74.313				
21	.760	1.070	75.383				
22	.753	1.061	76.444				
23	.710	.999	77.444				
24	.708	.997	78.440				
25	.693	.976	79.416				
26	.680	.958	80.374				

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

27	.641	.903	81.277
28	.634	.893	82.170
29	.617	.869	83.039
30	.591	.832	83.871
31	.561	.790	84.660
32	.544	.767	85.427
33	.539	.758	86.186
34	.502	.707	86.893
35	.485	.683	87.576
36	.481	.678	88.254
37	.458	.645	88.898
38	.423	.596	89.494
39	.411	.579	90.073
40	.399	.562	90.635
41	.397	.559	91.194

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

42	.382	.539	91.732
43	.364	.513	92.245
44	.349	.492	92.737
45	.331	.466	93.202
46	.318	.448	93.651
47	.306	.431	94.082
48	.306	.431	94.512
49	.289	.407	94.919
50	.286	.402	95.321
51	.272	.382	95.704
52	.246	.347	96.050
53	.236	.332	96.382
54	.233	.329	96.711
55	.214	.301	97.012

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

Downloaded from ijal.khu.ac.ir at 12:29 +0430 on Saturday September 11th 2021

56	.207	.292	97.304
57	.200	.281	97.585
58	.180	.254	97.839
59	.174	.245	98.084
60	.172	.242	98.326
61	.155	.218	98.544
62	.146	.205	98.749
63	.129	.181	98.931
64	.120	.168	99.099
65	.110	.155	99.254
66	.103	.145	99.400
67	.100	.141	99.541
68	.095	.134	99.676
69	.094	.132	99.808
70	.071	.100	99.908
71	.065	.092	100.000

Extraction Method: Principal Axis Factoring.

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]

[Downloaded from ndea10.khu.ac.ir on 2026-11-07]