

## ویکرد نوین در تنوع فیتوشیمیایی و ریخت‌شناسی میوه و آمیوه ارقام انار تجاری

شیوا شهسواری<sup>۱</sup>، زهرا نورمحمدی<sup>۱</sup>، مسعود شیدایی<sup>۲</sup>، فرح فراهانی<sup>۳</sup> و محمدرضا وظیفه‌شناس<sup>۴</sup>

<sup>۱</sup>گروه زیست‌شناسی، واحد علوم و تحقیقات، دانشگاه آزاد اسلامی، تهران، ایران؛ <sup>۲</sup>دانشکده علوم زیستی و بیوتکنولوژی، دانشگاه شهید بهشتی، تهران، ایران؛

<sup>۳</sup>گروه میکروبیولوژی، واحد قم، دانشگاه آزاد اسلامی، قم، ایران؛ <sup>۴</sup>بخش اصلاح گیاه و بذر، مرکز تحقیقات کشاورزی و منابع طبیعی یزد، یزد، ایران

مسئول مکاتبات: زهرا نورمحمدی z-nouri@srbiau.ac.ir و مسعود شیدایی msheidai@sub.ac.ir

چکیده. میوه انار یکی از مهمترین محصولات باغبانی به دلیل وجود ترکیبات پلی‌فنل‌ها، آنتی‌اکسیدان و ضد قارچی است. در مطالعه حاضر تنوع ریخت‌شناسی و ترکیبات فیتوشیمیایی هشت رقم تجاری انار مورد بررسی قرار گرفت. چهارده صفت ریخت‌شناسی و ۱۰ ترکیب شیمیایی اندازه‌گیری شد. براساس آنالیز مولفه‌های اصلی (PCA)، متغیرترین صفات ریخت‌شناسی میان ارقام انار مورد مطالعه شامل نوک برگ، حاشیه برگ، قدرت رشد و فرم رویشی بود. کروماتوگرافی مایع با کارایی بالا ترکیباتی شامل کلروژنیک‌اسید، کافئیک‌اسید، پاراکوماریک‌اسید، اسیدیتنه، محتوی فنولی، فعالیت آنتی‌اکسیدانی در آمیوه و پوست میوه توانستند ارقام مورد مطالعه را متمایز کنند. مقایسه دندروگرام UPGMA براساس داده‌های ریخت‌شناسی و محتوی شیمیایی عدم تطابق بین آنها را نشان داد. تست مانتل بین صفات ریختی، ترکیبات شیمیایی و فاصله جغرافیایی ارتباط معنی‌داری را نشان نداد. این نتایج نشان دهنده تفاوت در محتوی ژنتیکی ارقام انار در مناطق مختلف ایران است و تنوع در صفات مطالعه شده ارتباطی با فاصله جغرافیایی آنها ندارد.

واژه‌های کلیدی. پاراکوماریک‌اسید، تست مانتل، کافئیک‌اسید، کروماتوگرافی مایع HPLC، کلروژنیک‌اسید

## A new insight to the phytochemical and morphological diversity in commercial pomegranate (*Punica granatum*) cultivars

Shiva Shahsavari<sup>1</sup>, Zahra Noormohammadi<sup>1</sup>, Masoud Sheidai<sup>2</sup>, Farah Farahani<sup>3</sup> & Mohammad Reza Vazifeshenas<sup>4</sup>

<sup>1</sup>Department of Biology, Science and Research Branch, Islamic Azad University, Tehran, Iran; <sup>2</sup>Faculty of Biological Sciences and Biotechnology, Shahid Beheshti University, Tehran, Iran; <sup>3</sup>Department of Microbiology, Qom Branch, Islamic Azad University, Qom, Iran; <sup>4</sup>Improvement Plant and Seed Department, Yazd Agricultural and Natural Resource Research Center, AREEO, Yazd, Iran

Corresponding author: Zahra Noormohammadi, z-nouri@srbiau.ac.ir and Masoud Sheidai, msheidai@sub.ac.ir

**Abstract.** The pomegranate fruit is one of the most important horticultural products due to the presence of polyphenolic, antioxidant and anti-fungal compounds. In the present study, morphological and phytochemical compounds diversity was investigated in eight Iranian commercial pomegranate cultivars. Fourteen morphological characters and 10 chemical compounds were measured. Based on PCA analysis the most variable morphological characteristics among *Punica* cultivars studied were the wood surface, the leaf tip, the leaf incision, growth power and rained condition. High-performance liquid chromatograms of chlorogenic acid, caffeic acid, Para Coumaric acid as well as titrable acidity, total soluble solid, total phenolic contents, antioxidant activity in juice and peel of cultivars differentiated the cultivars studied. Comparing the two UPGMA dendrograms of *Punica* cultivars based on morphological data and chemical contents indicated certain disagreement between them. The correlation between morphological and chemical compounds and geographical distances of *Punica* cultivars was not statistically significant by the Mantel test. These findings indicate that *Punica* cultivars studied differ in their genetic content, however, this genetic difference is not correlated with their geographical distance.

**Keywords.** caffeic acid, chlorogenic acid, liquid chromatograms HPLC, Mantel test, para coumaric acid

## INTRODUCTION

Pomegranate (*Punica granatum* L.) belongs to the family Lythraceae (Khan et al., 2018) and is widely cultivated in tropical and subtropical regions of the world (Mahajan et al., 2018). This plant is native to a geographical range from Iran to the Himalayas, and has been cultivated all over the Mediterranean region since ancient times (Khan et al., 2018). Pomegranate is mainly cultivated in Iran, India and South East Asia, as well as in tropical Africa (Sun et al., 2018). Pomegranate adapts to different climate conditions, and can grow in light and heavy soils, and can tolerate water salinity as well as drought. Therefore, many cultivated forms of pomegranate are known which grow in different climatic and edaphic conditions (Vazifeshenas et al., 2012; Sunet et al., 2018). These cultivated forms are diploid with  $n=8$  ( $2n=2x=16$ ) chromosome number (Gill et al. 1981; Xue, et al. 1992; Sheidai & Noormohammadi, 2005; Sheidai, 2007).

The pomegranate fruit is one of the most important horticultural products in Iran with an area under cultivation of 90,605 hectare and production of 917,529 ton in 2018 (Ministry of Agriculture Jihad in Iran and FAOstat, <http://www.fao.org/faostat/en/#data>).

In total, 760 cultivars of *P. granatum* have been cultivated in the germplasm of Iran Pomegranate Research Center, located in Yazd province (Madadi et al., 2017). These cultivars differ in their agronomic, morphological, physiological and biochemical characteristics such as tree type, crown form, growth power, pH, phenolic contents, peel color, etc. The chemical compounds may change based on the type of each cultivar, environmental conditions, ripening time, and storage.

The different parts of the pomegranate plant (flower, fruit, aril, peel fruit, seed, leaf and root) have different chemical composition (Saeed et al., 2019). The different parts of *P. granatum* fruit are the rapeutically beneficial and exhibit a wide variety of medicinal value. Pomegranate fruit is a rich source of secondary and primary metabolites such as flavonoids, anthocyanins and hydrolyzable tannins, fatty acids and lipids that have many therapeutic effects (Wu & Tian, 2017).

Pomegranate peel is the source of biological compounds with medical effects such as phenolic acids (hydroxycinnamic acid), flavonoids (anthocyanins, catechins, etc.) and hydrolyzable tannins (alginic and gallic acids and punicalaginine) (Smaoui et al., 2019; Alexandre et al., 2019). Many studies have been done to evaluate the properties of pomegranate peel and its properties as antioxidant, anti-inflammatory and anti-tumor (Singh et al., 2018; Kaderides et al., 2019; Pirzadeh et al., 2020). On the other hand, the seed

extract of the plant was found to have anti-diabetic effect (Syed et al., 2018) and the flower extract of pomegranate prevents nephrotoxicity (El-Daly, 2016).

It is suggested that morphometric and chemical compound measurements of different pomegranate cultivars will allow us to gain basic but needed knowledge on the agronomic characteristics of pomegranate germplasm collection which have been grown under homogeneous conditions (Martinez et al., 2016). If the phenotypic variability is found to be high, then the assumption is made that they are also genotypic different. These results could lead us to further characterize the cultivars collection through genetic analysis (Martinez et al., 2016). Therefore, the aims of present study were to illustrate morphological and chemical contents diversity of pomegranate cultivars grown in the research center and agricultural education and natural resources of Yazd province. We also tried to determine if morphological and chemical variations are related to their original geographical region of cultivation.

## MATERIALS AND METHODS

In this study, we selected pomegranate cultivars that were of commercial and therapeutic importance. Pomegranate fresh fruits (Rabab, Vahshi Poostghermez, Goojagh Shahpar, Makhmal shahreza, Marmar Ramhormoz, Ardestanitorsh, Black skin Abrand Abad; 3-5 trees of each cultivars and 3-5 fruits of each tree) and petals of Golnar (*Punica granatum* var. *pleniflora*- ornamental - no fruit) were collected during September 2019. Name of cultivars are provided in Table 1.

### Morphological characteristics

The minimum age of the selected trees was three years. The crown shape and growth strength dominant type were considered for growth type. The number of off-shooting, smooth or ragged wood surface, presence or absence of thistle on annual and mature wood after harvesting and leaf fall time were measured. The presence and amount of anthocyanin were recorded in spring as well as the appearance time of leaves.

For leaf characters, twenty mature leaves were harvested from the middle part of perennial branches and the middle leaf incision, leaf shape, leaf tip shape and leaf edge color were recorded. Finally, fruit measurements were only done on fully ripened fruits, which included peel thickness, fruit shape and cross section (Table 2).

### Extraction and Isolation of *Punica granatum* of chemicals

For chemical analyses, we determined the quantity of phytochemicals compounds such as three phenolic acids (hydroxycinnamicacids): 1- Caffeic acid, 2- Chlorogenic acid, and 3-P-Coumaric acid, and one

**Table 1.** Cultivar names, accession number and their regions.

No.	Accession number	Cultivar names	Region
1	68-119-1	Rabab Poostghermez	Fars
2	67-210-2	Vahshi Poost ghermez Roodbar (Wild)	Gilan
3	69-181-1	Goojagh Shahpar	Vramin
4	69-143-1	Makhmal Shareza	Esfahan
5	69-161-2	Marmar Ramhormoz	Khoozestan
6	69-179-4	Ardestani Torsh	Semnan
7	68-541-3	Golnar Farsi Shahdad	Kerman
8	67-233-1	Black Skin Abrand Abad	Yazd

flavonoid (flavonols): Quercetin in freshly collected fruit juice and peel extract by high performance liquid chromatography (HPLC) method.

All the fruits were checked for its morphological features. The sun-burned, cracked and pest fruits were excluded to achieve acceptable uniformity.

#### Preparation and Extraction of Raw Pomegranate Juice

First, the fruits were washed, following peeling out, then, the skins which are covering seeds were removed, and the juices obtained by pressing transfer. The pomegranate juices were centrifuged at 14000g for 5 min at room temperature (25°C), then the supernatant was separated and passed through a 0.2 µm RC-lter filter (Phenomenex, Torrance, CA, USA). Raw juices were kept at 4 °C and were analyzed within one week.

#### Extracted from peel

First, the fruits were peeled, then the skins were dried for ten days, and finally the dried skins were ground 3 times for 10 seconds. A total of 50 g peel powder was soaked into polar solvents including distil water and ethanol (100%) 40:60 ratios for 24hr. Then, all extracts were centrifuged at 10000g for 3 min at room temperature (25°C) then filtered by using Whatmann® No. 41 filter paper (pore size 20-25 µm). Their concentrated under reduced pressure at 40°C. The extracts were stored in brown glass containers and kept at -80°C until further use.

#### HPLC condition

In this study, Agilent Technologies Model 1260 chromatography was used. It includes components degasser, a binary pump delivery system, a manual injector and UV-Vis Detector (Agilent Technologies, Palo Alto, CA, USA). The column

used in the device was column C18 (5 µm, 4.6 mm X 250 mm) Agilent Technologies.

The mobile phase in HPLC test was consisted of two solvents: Solvent A, water/acetic acid (99.5: 0.5; v/v) and Solvent B, methanol. The phenolic compounds were eluted under the following conditions: column flow of 0.8 ml/min and the temperature was set at 30°C and 20 ul injection volume for Chlorogenic acid, Caffeic acid, P-Coumaric acid and temperature was set at 28° for Quercetin. The ultra-violet-visible spectra (scanning from 200 nm to 600 nm) were recorded for all peaks chemical compounds and identified by valid standards (phenolic standards were provided by Sigma-Aldrich (St. Louis, MO, USA): Chlorogenic acid, Caffeic acid, P-Coumaric acid and Quercetin). The detection was performed at 330 nm and 352 nm wavelengths (Karakaplan et al., 2017).

#### Chemical components

The chemical components are listed in Table 5. They are included: titrable acidity, total soluble solid, total phenolic contents, antioxidant activity, peel color and pH.

#### Titrable Acidity

Juice was extracted by hand and the juice obtained was analyzed for titratable acidity (TA). dilute 5 ml of fruit juice with 20 ml of distilled water, then add 2 to 3 drops of Phenolphthalein to the solution, until purple color was formed.

The percentage of sample acid (according to citric acid) was calculated by using 0.2 normal NaOH titration until formation of pink color (Mirdehghan & Rahimi, 2007).

$$TA (\%) = \frac{NaOH \text{ consumed} \times NaOH \text{ Normality} \times Acetic \text{ acid valance gram}}{Sample \text{ weight} \times 100} \times 100$$

**Table 2.** Morphological features of *Punica* cultivars studied.

cultivar	tree type	Crown form	Growth power	raind condition	Wood surface	existence Thistle on mature wood	The presence of anthocyanin dye on the branch	Middle leaf incision	Flat leaf form	Leaf tip form	Leaf edge	Fruit shape	peel thickness (mm)	Fruit: shape in cross section
Rabab	A few trunks	Extensive	Strong	Medium	Ragged	Have not	Low	Low	Elliptical stretched	Globular	Green	Elliptic	Thin	circular
Roodbar	A few trunks	Extensive	Strong	Low	Smooth	Have not	Low	Low	Elliptical stretched	Sharp	etc.	Globular	Thin	circular
Goojagh	A few trunks	Extensive	Strong	Medium	Smooth	Low	Medium	Low	Elliptical stretched	Sharp	etc.	Globular	Thin	angular
Makhamal shareza	A few trunks	Extensive	Strong	Medium	ragged	Have not	Low	Low	Elliptical stretched	Globular	etc.	Globular	Thin	circular
Marmar Ramhormoz	A few trunks	Extensive	Weak	High	ragged	Have not	Low	Low	Elliptical stretched	Sharp	etc.	Elliptic	Thick	circular
Ardestani	A few trunks	Extensive	Strong	very much	ragged	Have not	Low	Low	Elliptical stretched	Globular	Green	Elliptic	Thin	circular
Golnar	A few trunks	Extensive	Strong	Low	Smooth	Have not	Low	Low	Elliptical stretched	Globular	Yellow	Have not	Have not	Have not
Black skin Abrand Abad	A few trunks	Extensive	Medium	High	ragged	Have not	Low	Low	Elliptical stretched	Sharp	Yellow	Egg shaped	Thin	circular

### Total Soluble Solid

Pomegranate juice was obtained by pressing manually and then used for total soluble solids (TSS) analysis.

Soluble solids were measured at room temperature using a Refractometer Model (MG- 55320).

For this purpose, a few drops of pomegranate juice were poured onto the prisms of the refractometer, and the resulting number was read as soluble solids based on the Brix grade (Mirdehghan & Rahimi, 2005).

### Total phenolic contents

Five mg of pomegranate aryl was extracted with 10 ml of phosphate buffer solution and centrifuged for 4 min at 4 ° C. the supernatant was used to measure the amount of phenolic compounds (Serrano et al., 2005). to the volume of 200 µl of supernatant, added 300 µl of phosphate buffer, 2.5 ml 0.2 normal folin and 2 ml sodium bicarbonate then incubated at 50 ° C for 5 min. The absorption was performed by spectrophotometer (UNICO 2150 model) at 760 nm. Finally, phenolic compounds were expressed using 1 mM gallic acid standard at 100 g fresh weight.

### Antioxidant activity

Five mg of pomegranate aril was extracted with 10 ml of phosphate buffer and centrifuged at 4°C for 20 minutes and the supernatant was separated. Then 100 µl of peroxidase was added. Optical density (OD) was measured at 730nm. The 25 µL of supernatant was added and OD was measured. After one minute reading of the absorbance was measured again. The difference amounts between two absorption reads were used for the rate of antioxidant activity. Finally, amount of antioxidant activity was expressed on the basis of mg ascorbic acid at 100 g fresh weight (Serrano et al., 2005).

### Peel color

We used a colorimeter (Minolta cr400) to calculate surface and interior color of pomegranate peel. The color measurement method was performed by using 5 replicates for each fruit cultivars and each of them was read 4 segment of peel with a colorimeter (Mirdehghan et al., 2006). Chroma index (color intensity) can be calculated using the following formula.

$$C = \sqrt{(a)^2 + (b)^2}$$

### pH

pH measurements were performed using a Metrohm model 744 pH meter. 50 ml of filtered fruit

juice was calculated by pH meter (Varasteh et al., 2006).

### Statistical analyses

For Mantel test between morphological distance and geographical distance of *Punica* cultivars obtained and to group cultivars, traits and determine their similarity used PAST ver. 2.17 (Hammer et al. 2001). for cluster analysis and draw the UPGMA dendrogram used Euclidean distance by PAST, furthermore, PCA (Principal component analysis) and PCoA (Principal Coordinate Analysis) analyses used SPSS software version 21.

## RESULTS

### Morphological analyses

Details of the morphological characteristics studied in *Punica* cultivars are presented in Table 2. Morphological grouping of the studied *Punica* cultivars by UPGMA cluster analysis (Fig. 1), placed them in three major clusters or groups. The cultivars Makhmal Shahr reza, Ardestani, and Rabab, were grouped together in a single cluster. Among these three cultivars, Rabab and Ardestani showed closer morphological similarities.

The cultivars Mamar and Black-Skin, formed the second cluster, while three cultivars Roodbar, Golnar, and Goojagh, comprised the third cluster.

The first two cultivars showed a higher degree of morphological similarities.

The Mantel test between morphological distance and geographical distance of *Punica* cultivars did not produce significant correlation ( $r = 0.04$ ,  $P = 0.50$ ). Therefore, it is suggested the morphological features are not related to the longitude and latitude of the cultivation area of these cultivars.

The PCA analyses of morphological characters revealed that the first two PCA component comprised about 72% of the total variation. In the first axis with about 44% of total variance, characters like the wood surface and the leaf tip had the highest positive correlation ( $r > 0.70$ , data not shown), while rained condition had the highest negative correlation ( $r = -0.90$ ). In the second axis with about 28% of total variance, characters like the leaf incision and leaf tip had the highest positive correlation ( $r > 0.700$ , while the growth power had the highest negative correlation ( $r = -0.80$ ). Therefore, these are the most variable morphological characteristics among *Punica* cultivars studied.

PCoA biplot of morphological characters (Fig. 2), revealed that Golnar and Rabab cultivars differs from the other cultivars mainly in growth power feature. Morphological features like the leaf lip, the leaf incision, and leaf edge, separated the cultivars Goojagh and Black-skin from the others.

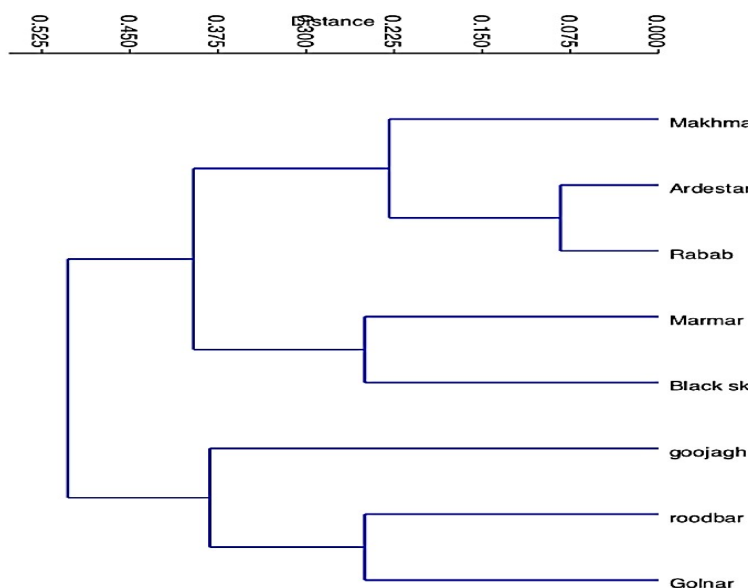


Figure 1. UPGMA dendrogram of the *Punica* cultivars based on morphological features.

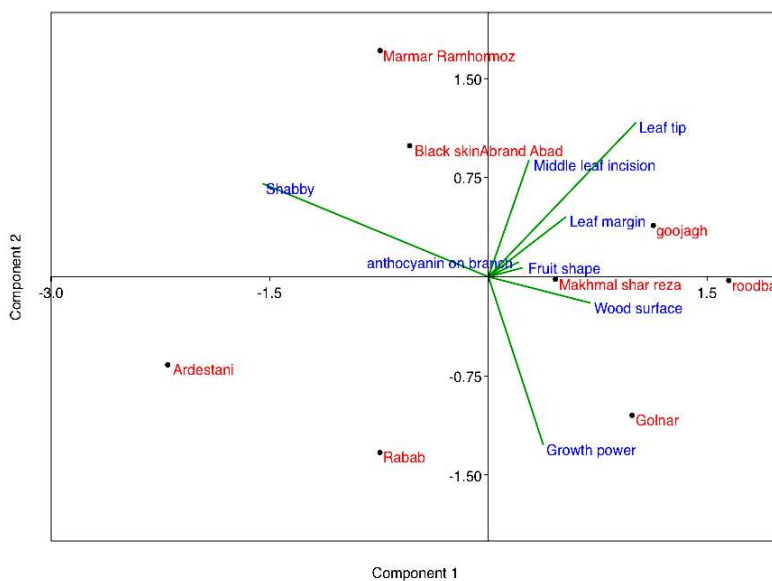


Figure 2. PCA ordination based on morphological characters of cultivars studied.

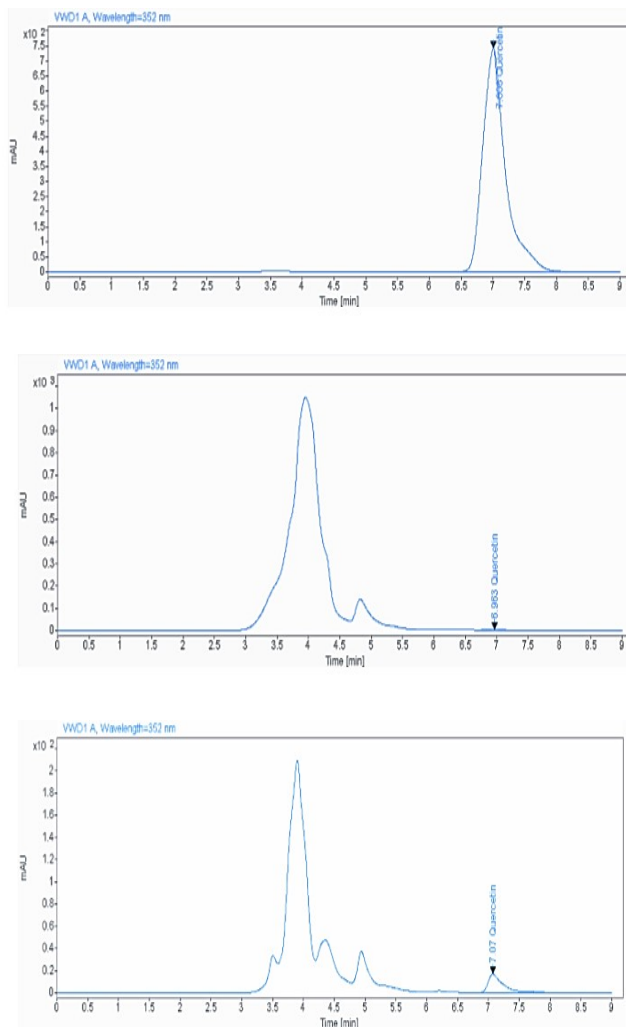


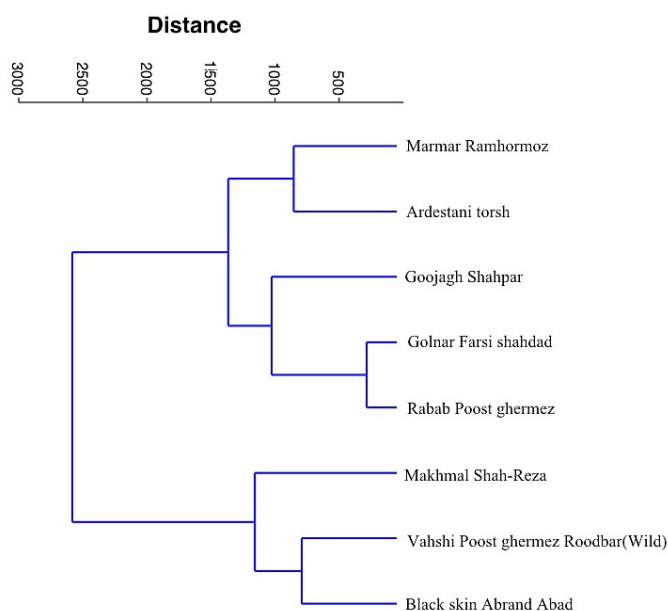
Figure 3. Chromatograms of HPLC analyses of Ardestanitorsh cultivar in juice and peel at 325 nm. A. Quercetin standard peak. B. pomegranate juice and C: pomegranate peel extract.

**Table 3.** Phenolic contents and Total compounds of pomegranate juice of cultivars studied.

Cultivar	Chlorogenic acid (mg/ml)	Caffeic acid (mg/ml)	P- Coumaric acid (mg/ml)	Quercitin (mg/ml)	TA%	TSS(°Brix)	Total phenolic contents (Gallic acid/100g fresh fruit)	Antioxidant activity (Ascorbic acid/100g fresh fruit)	TSS/TA	pH
Rabab Poostghermez	0.007	0.008	0.14	0.0007	1.099	20.7	238	31	18.82	3.11
Vahshi Poost Ghermez Roodbar (Wild)	0.015	0.027	0.0003	0.0006	1.057	12.9	222	19	12.2	2.8
Goojagh Shahpar	0.009	0.02	0.005	0.0003	1.069	20	354	29	18.7	3.5
Makhmal Shareza	0.011	0.012	0.025	0.001	1.23	19.9	225	33	16.14	3.05
Marmar Ramhormoz	0.01	0.03	0.001	0.0007	1.27	20.01	285	20	15.72	3.17
Ardestani Torsh	0.014	0.32	0.011	0.0007	0.98	18.9	274	12	19.2	2.95
Golnar Farsi Shahdad	Have not	Have not	Have not	Have not	Have not	Have not	Have not	Have not	Have not	Have not
Black Skin Abrand Abad	0.007	0.013	0.016	0.001	0.97	18.3	227	29	18.74	3.01

**Table 4.** Phenolic contents and peel color of peels pomegranate cultivars studied. \* Golnar flower was used.

Cultivar	Peel color (Hue angle)	Chlorogenic acid(mg/ml)	Caffeic acid(mg/ml)	P- Coumaric acid(mg/ml)	Quercitin(mg/ml)
Rabab Poost Ghermez	4.55	0.00004	0.0002	0.02	0.001
Vahshi Poost Ghermez Roodbar (Wild)	2.9	0.00007	0.0009	0.001	0.0015
Goojagh Shahpar	4.1	0.00003	0.00007	0.02	0.004
Makhmal Sharreza	4.4	0.00001	0.0002	0.002	0.0018
Marmar Ramhormoz	3.8	0.00004	0.0006	0.01	0.005
Ardestani Torsh	3.6	0.0004	0.0006	0.009	0.012
Golnar Farsi Shahdad*	Have not	0.0007	0.0002	0.03	0.004
Black Skin Abrand Abad	4.35	0.0002	0.001	0.0001	0.011

**Figure 4.** UPGMA dendrogram of *Punica* cultivars studied based on chemical data.

### Chemical analyses

Details of chemical components for juice and peel of *Punica* cultivars as well as HPLC chromatogram of quercetin in Ardestani cultivar are provided in Tables 3 & 4 and Figure 3.

In this study, some phenolic compounds were identified by HPLC. The results showed that the highest amount of phenolic compounds in pomegranate juice were included: chlorogenic acid in Roodbar (0.015 mg / ml) and Ardestani (0.014 mg/ml) cultivars, caffeic acid: Ardestani (0.32 mg/ml), P-Coumaric acid: Makhmal Shahr reza (0.025 mg/ml) and quercetin: Makhmal Shahreza (0.001 mg/ml) and black skin (0.001 mg/ml).

In pomegranate juice, the highest pH (3.17) and titratable acidity (1.27%) belong to Marmar cultivar. The Rabab cultivar has the highest total soluble solid content of 20.7°Brix, the highest total phenolic content was obtained in Goojagh cultivar (354 Gallic acid/100g fresh fruit) and the highest level of antioxidant activity (33 Ascorbic acid/100g fresh fruit) was observed in Makhmal cultivar. In peels, the highest level of peel color (4.55) was measured in Rabab cultivar.

The highest levels of phenolic compounds in pomegranate peel extract was including: chlorogenic acid in Golnar cultivar (0.0007 mg/ml), caffeic acid: black skin (0.001 mg/ml), P-Coumaric acid: Golnar (0.03 mg/ml) and quercetin: Ardestani (0.012 mg/ml).

The clustering of pomegranate cultivars by UPGMA method based on chemical data is shown in Figure 4. These cultivars here placed in two major clusters. Five cultivars comprised the first major cluster, while they were scattered in two sub-clusters. The cultivars Marmar and Ardestani formed the first sub-cluster, while three cultivars including Goojagh, Golnar and Rabab comprised the second sub-cluster. The last two showed a higher degree of chemical similarity and were placed close to each other.

The second major cluster contains three cultivars including, Makhmal, Vahsi Poost ghermeaz, and Black skin. Members of this major cluster were placed far from those of the first major cluster, due to difference in their chemical contents.

The Mantel test performed between chemical difference and geographical distance of the studied *Punica* cultivars produced no significant association ( $r = -0.21$ ,  $P = 0.85$ ). Therefore, chemical differences in *Punica* cultivars are not related to the locality of cultivar cultivation.

PCA analysis of chemical data revealed that the first two PCA axes comrade about 90% of total variance. Chemical features like fruit chlorogenic acid and fruit P-coumaric acid have the highest positive correlation ( $r > 0.70$ ), with the PCA axes,

while fruit caffeic acid had the highest negative correlation ( $r = -0.80$ ). Therefore, fruit chemical contents differentiate the studied *Punica* cultivars.

PCA biplot of these cultivars based on chemical data (Fig. 5), revealed that fruit chlorogenic acid and P-coumaric acid, separates Makhmal and Ardestani cultivars from the others. It is worth to mention that these two cultivars also differ from each other in these chemicals.

The fruit caffeic acid separates Goojagh cultivars from the others, while the peel caffeic acid separates Rabab and Marmar *Punica* cultivars.

Comparing the two dendrograms of *Punica* cultivars based on morphological data and chemical contents indicate certain disagreement between the two. This is well supported by the Mantel test performed between the two dendrograms. No significant correlation between these dendrograms was observed by using Mantel test ( $r = -0.03$ ,  $P = 0.54$ ). Moreover, reticulation analysis also produced Robinson and Foulds distance (RF) = 12 and Bipartition dissimilarity = 12.0, which indicate a major difference between the two dendrograms.

The combined dendrogram from both morphological and chemical data are depicted (Fig. 6). Three groups of *Punica* cultivars, which can be used in further hybridization and breeding programs. Cultivars Marmar and Ardestani show affinity to each other and form the first cluster. Cultivars Goojagh, Golnar, and Rabab, comprise the second cluster, while, three cultivars, Makhmal, Vahsi Poost ghermez and Black skin, showed affinity and formed the third cluster.

These findings indicate that *Punica* cultivars cultivated in different regions of Iran, differ in their genetic content and may be used in future applied and research tasks.

### DISCUSSION

Despite the importance of pomegranate, only a few number of studies have been investigated the biochemical or physiological properties of pomegranate the establishment of its genomic and genetic infrastructures was more or less neglected (Ophir et al., 2017).

The results of the current study indicate that the differences in various *Punica* cultivars according to their morphological features were not correlated with their chemical properties. Probably, different genes control these two sets of features in *Punica* cultivars.

Martinez et al. (2016) studied the morphological and chemical traits (arils, seeds, leaves and flowers and pH, titratable acidity, total soluble solids) of pomegranate and showed that the characteristics related to fruit and grain size as well as the acidity and pH of water have the highest discriminative power of the studied



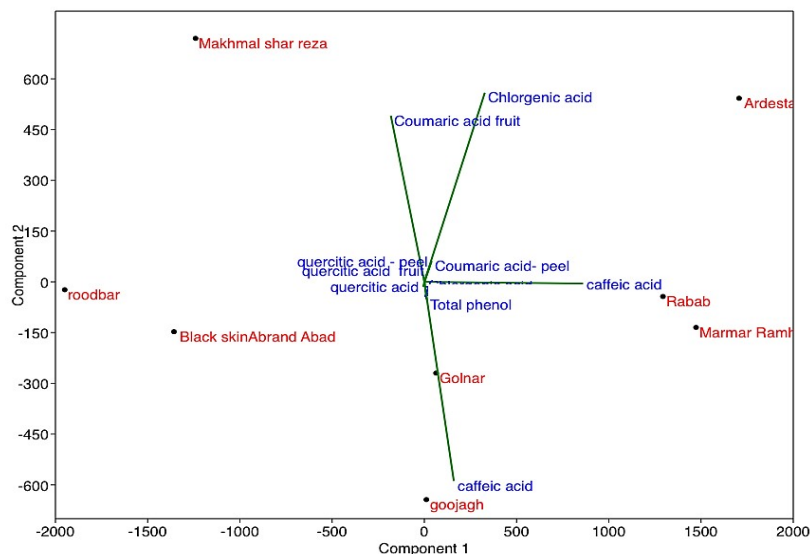


Figure 5. PCA biplot of pomegranate cultivars based on chemical data

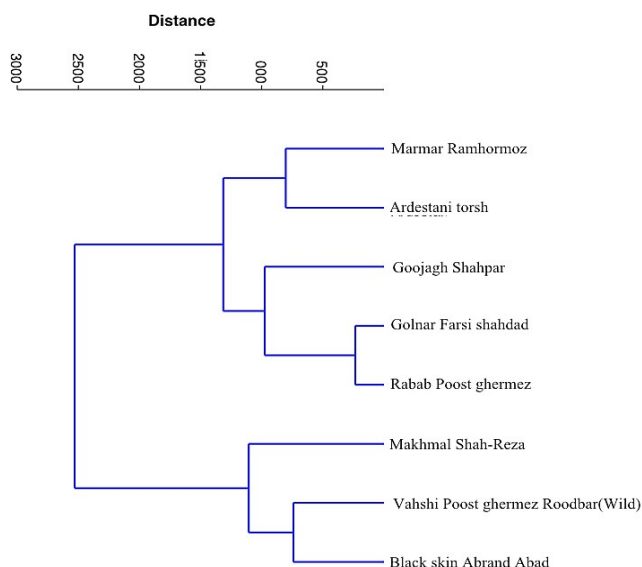


Figure 6. Dendrogram based on both morphological and chemical data of *Punica* cultivars studied.

pomegranate cultivars (Martinez et al., 2016). Our findings showed extensive morphological and chemical diversity among the studied *Punica* cultivars in Iran. these results are in agreement with the report of Martinez et al., 2016.

Mirjalili et al. (2018) studied the biochemical diversity, phenolic compounds and anthocyanins in the juice of *Punica granatum* L. among 25 genotypes of Malas cultivars. The results showed that the acidity of genotypes varies between 0.57% to 2.06%, while the range of changes in our results is between 0.97% to 1.099% (Mirjalili et al., 2018). In another investigation, 21 pomegranate cultivars from four regions of Lorestan the highest titratable acidity was 26.4% and the lowest was 12.9% were

recorded (Spahvand et al., 2017). This data could be due to the influence of climatic and geographical factors. Feyzi et al. (2015) believed that cultivars and climatic conditions have a significant effect on vitamin C, acidity and TSS (Feyzi et al., 2015).

Although the range of soluble solids was 14-18.5° Brix (Mirjalili et al., 2018) and the range of soluble solids was between 13.5-17.8° Brix (Spahvand et al., 2017), our study showed a wider range between 12.9 and 20.7° Brix. This difference may stem from differences in the cultivars studied. Most of the cultivars studied here had soluble solids higher than 17, which makes them suitable for export, better quality and the start of a breeding program.

The results showed that the range of changes in antioxidant activity among the studied genotypes was from 12 to 33, while in other studies these changes were between 56 to 93 (Mirjalili et al., 2018) and 69 to 93 (Tehranifar et al., 2014). The difference in the results can be due to differences in the measurement method.

The percentage of polyphenolic compounds in natural pomegranate juice have been recorded by HPLC method. They were 0.1, 1544 mg/L and 58.3% for amount of quercetin, total phenolic content and antioxidant activity % in black skin cultivar respectively (Hoseani et al. 2018) while in the present study, these amounts were 0.001 mg/mL, 27 gallic acid/100g, and 29 ascorbic acid/100g fresh fruit.

The caffeic acid, P-coumaric acid and chlorogenic acid were reported 0.01, 0.48 and 0.8 respectively by Karakaplan et al. (2017), while these amounts were different in present study (Table 3). The chemical composition of the fruits differs depending on the cultivar, growing region, maturity, cultivation practice, climate, and storage circumstances (Fadavi et al., 2005).

Extracts of all parts of the pomegranate fruit exhibit therapeutic properties and target a range of diseases including cancer, cardiovascular disorders, diabetes, male infertility, Alzheimer's disease, aging, and AIDS (Sreekumar et al., 2014). Therefore, to produce data on pomegranate cultivars chemical properties and genetic structure may benefit the mankind in future health care.

### Conclusion

Iran, with multiple genotypes of pomegranate, it is necessary to conduct a wide screening by researchers in order to find the most suitable cultivars and their practical use. according to the results, the cultivar is the most important factor in determining the physical properties, phenolic compounds and antioxidant activity in pomegranate, so identifying cultivars with the highest amount of polyphenols or antioxidants can be of great importance in medicine. In this article, we tried to examine some cultivars that have valuable therapeutic properties, but more research is needed to obtain important cultivars to promote human health.

### ACKNOWLEDGEMENT

The authors gratefully acknowledge Science and Research Branch, Islamic Azad University and

Research Center and Agricultural education and Natural resources Yazd Province.

### REFERENCES

- Alexandre, E.M.C., Silva, S., Santos, S.A.O., Silvestre, A.J.D., Duarte, M.F., Saraiva, J.A. & Pintado M.** 2019. Antimicrobial activity of pomegranate peel extracts performed by high pressure and enzymatic assisted extraction. *Food Research International* 115 : 167-176.
- El-Daly AA.** 2016. Pomegranate peels extract protects cadmium-induced nephrotoxicity in albino mice *Journal of Bioscience and Applied Research* 2: 362-375.
- Fadavi, A., Barzegar, M., Azizi, M.H. & Bayat, M.** 2005. Physicochemical composition of ten pomegranate cultivars (*Punica granatum L.*) grown in Iran. *Food Science and Technology International* 11: 113-119.
- Feyzi, F., Seifi E., Varasteh, F., Hemmati, Kh. & Fereydooni, H.** 2015. evaluation of some biochemical properties of two pomegranate cultivars in three different regions. 4<sup>th</sup> National Congress on Medicinal Plants, Tehran, Iran.
- Gill, B., Bir, S.S. & Bedi, Y.S.** 1981. Cytological studies on woody Euphorbiaceae from North and Central India. *New Botanist* 8: 35-44.
- Hammer, Ø., Harper, D.A. & Ryan, P.D.** 2001. PAST: Paleontological statistics software package for education and data analysis. *Palaeontologia Electronica* 4: 1-9.
- Hoseani, S., Rashidi, L. & Homapour, M.** 2018. Investigation of polyphenolic compounds and antioxidant properties of Saveh black skin pomegranate juice. *Iranian Journal of Nutrition Sciences & Food Technology* 14: 99-108.
- Kaderides K., Papaoikonomou L., Serafim M. & Goula A.M.** 2019. Microwave-assisted extraction of phenolics from pomegranate peels: Optimization, kinetics, and comparison with ultrasound extraction. *Chemical Engineering and Processing-Process Intensification* 137 : 1-11.
- Karakaplan, M. & Özcan, M.** 2017. Determination of phenolic acids in pomegranate juices by HPLC - DAD. *European Journal of Science and Technology* 6: 32-37.
- Khan, A. L., Asaf, S., Lee, I.J., Al-Harrasi, A. & Al-Rawahi, A.** 2018. First reported chloroplast genome sequence of *Punica granatum* (cultivar Helow) from Jabal Al-Akhdar, Oman: phylogenetic. *Genetica* 146: 461-474.
- Madadi, M., Zamani, Z. & Fatahi, R.** 2017. Assessment of genetic variation within commercial Iranian pomegranate (*Punica granatum L.*) cultivars, using ISSR and SSR markers. *Turkish Journal of Agriculture - Food Science and Technology* 5: 622-628.
- Mahajan, S.R., Mahajan, V. & Bhosale, S.S.** 2018. Molecular characterization of cultivated and wild genotypes of *Punica granatum L.* (Pomegranate) by

- using SSR marker. International Journal of Life Sciences Scientific Research 4: 1786- 1794.
- Martinez, J.J., Melgarejo, P., Legua, P., Garcia-Sanchez, F. & Hernández, F.** 2016. Genetic diversity of pomegranate germplasm collection from Spain determined by fruit, seed, leaf and flower characteristics. Peer J 4: e2214; DOI 10.7717/peerj.2214.
- Mirdehghan, S.H. & Rahemi, M.** 2005. Effects of hot water treatment on reducing chilling injury of pomegranate (*Punica granatum*) fruit during storage. Acta Horticulturae 682: 887-892.
- Mirdehghan, S.H. & Rahemi, M.** 2007. Seasonal changes of mineral nutrients and phenolics in pomegranate (*Punica granatum* L.) fruit. Scientia Horticulturae 111: 120-127.
- Mirdehghan, S.H., Rahemi, M., Serrano, M., Guillen, F., Martinez-Romero, D. & Valero, D.** 2006. Prestorage heat treatment to maintain nutritive and functional properties during postharvest cold storage of pomegranate. Journal of Agricultural and Food Chemistry 54: 8495-8500.
- Mirjalili, A., Ghabouli, M., Pourazizi, E. & Aghajani, M.** 2018. Biochemical variation of phenolic and anthocyanin contents occurrence in pomegranate (*Punica granatum* L.) fruit juices among 25 genotypes of pomegranate cultivar "Malas". Journal of Medicinal Plants Eco-phytochemistry 6: 1-13.
- Ophir, R., Sherman, A., Rubinstein, M., Eshed, R. & Sharabi Schwager, M.** 2014. Single-nucleotide polymorphism markers from de-novo assembly of the pomegranate transcriptome reveal germplasm genetic diversity. PLOS ONE 9: e88998.
- Pirzadeh, M., Caporaso, N., Rauf, A., Shariati, M.A., Yessimbekov, Z., Khan, M.U., Imran, M. & Mubarak, M.S.** 2020. Pomegranate as a source of bioactive constituents: A review on their characterization, properties and applications. Critical Reviews in Food Science and Nutrition. <https://doi.org/10.1080/10408398.2020.1749825>.
- Saeed, A., Tariq, I. & Ana, M.** 2019. Pomegranate Bioactive Molecules and Health Benefits. In: Méridon, J.M. & Ramawat, K.G. (eds.). Bioactive Molecules in Food. Springer Publisher pp: 1253-1279.
- Serrano, M., Guillén, F., Martínez-Romero, D., Castillo, S. & Valero, D.** 2005. Chemical constituents and antioxidant activity of sweet cherry at different ripening stages. Journal of Agricultural and Food Chemistry 53: 2741-2745.
- Sheidai, M. & Noormohammadi, Z.** 2005. Chromosome pairing and unreduced gamete formation in nineteen pomegranates (*Punica granatum* L.) cultivars. The Japan Mendel Society, Cytologia 70: 257-265.
- Sheidai, M.** 2007. B-chromosome variability in pomegranate (*Punica granatum* L.) Cultivars. Caryologia: International Journal of Cytology, Cytosystematics and Cyto genetics 60: 251-256.
- Singh, B., Singh, J.P., Kaur, A. & Singh, N.** 2018. Phenolic compounds as beneficial phytochemicals in pomegranate (*Punica granatum* L.) peel. Food Chemistry Journal 261 : 75-86.
- Smaoui, S., Hlima, H.B., Mtibaa, A.C., Fourati, M., Sellem, I., Elhadef, K., Ennouri, K. & Mellouli, L.** 2019. Pomegranate peel as phenolic compounds source : Advanced analytical strategies and practical use in meat products. Meat Science Journal 158. <https://doi.org/10.1016/j.meatsci.2019.107914>
- Spahvand, M., Zahedi, B. & Ehteshamnia, A.** 2017. Evaluation of pomegranate breeds (*Punica granatum* L.) in Lorestan Province using morphological and biochemical traits. Iranian Journal of Horticultural Science 48: 447-458.
- Sreekumar, S., Sithul, H., Muraleedharan, P., Azeez, J. M. & Sreeharshan, S.** 2014. Pomegranate Fruit as a Rich Source of Biologically Active Compounds. BioMed Research International 2014: 1-12
- Sun, Y., Niu, G., Masabni, J.G. & Ganjgunte, G.** 2018. Relative salt tolerance of 22 pomegranates (*Punica granatum*) cultivars. HortScience 53: 1513-1519.
- Syed, Q.A., Zara, B., Shukat, R. & Zahoor, T.** 2018. Nutritional and therapeutic properties of pomegranate. Scholarly Journal Food and Nutrition 1: 115-120.
- Tehrani Far, A., Zarei, M., Esfandiari, B. & Nemati, Z.** 2014. Study of physical properties, phenolic compounds and antioxidant activity of fruit peel of 30 different Iranian pomegranate cultivars. Journal of Horticultural Science 28: 312-318.
- Varasteh, F., Arzani, K., Zamani, Z. & Mosheni, A.** 2006. Evaluation of the most important fruit characteristics of some commercial pomegranate (*Punica granatum* L.) Acta Horticulturae 818: 103-108.
- Vazifeshenas, M., Hakimnia, M., Goldeney, A., Tehrani Far, A. & Tailor, M.** 2012. Investigation and comparison of conventional pomegranate breeding methods. International Conference of Pomegranate Ferdows 234-239.
- Wu, S. & Tian, L.** 2017. Diverse phytochemicals and bioactivities in the ancient fruit and modern functional food pomegranate (*Punica granatum*). Molecules 22 (10): 1-17 DOI: 10.3390/molecules22101606
- Xue, B.S., Weng, R.F. & Zhang, M.Z.** 1992. Chromosome numbers of Shanghai plants I. Investigatio et Studium Naturae 12: 48-65.

\*\*\*\*\*

**How to cite this article:**

**Shahsavari, Sh., Noormohammadi, Z., Sheidai, M., Farahani, F. & Vazifeshenas, M.R.** 2021. A new insight to the phytochemical and morphological diversity in commercial pomegranate (*Punica granatum*) cultivars. Nova Biologica Reperta 6: 442-452.